

**Contains No** salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take one (1) lozenge daily, or as directed by a health care professional. Allow lozenge to dissolve in the mouth. Store in a cool, dry place and away from direct light.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**KEEP OUT OF REACH OF CHILDREN.**

Formulated For:

**VITAMIN DISCOUNT CENTER, LLC**

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# Methylfolate

## 800 mcg DFE

Cherry Flavored

**HELPS SUPPORT NERVOUS SYSTEM AND  
CARDIOVASCULAR HEALTH†**

*Dietary Supplement*  
**60 Lozenges**

### SUPPLEMENT FACTS

| Serving Size 1 Lozenge                                                    |               |
|---------------------------------------------------------------------------|---------------|
| Amount Per Serving                                                        | % Daily Value |
| Folate<br>as 5-Methyltetrahydrofolic acid,<br>glucosamine salt [5-MTHF] * | 200%          |

**Other Ingredients:** Fructose, sorbitol, cellulose gum, natural cherry flavor, vegetable stearin, carmine, luohan guo fruit, silica, mannitol and dextrose.

Methylfolate (5-MTHF) is the most biologically active form of folate in the human body. Unlike folic acid, it needs no enzymatic conversion within the body, and is therefore six times more bioavailable.

Many people suffer from a genetic disorder that prevents them from adequately converting folate into 5-MTHF. Since it does not require conversion, supplemental 5-MTHF quickly increases both blood and cellular levels of this critical nutrient†.

In addition to its well-known role in supporting healthy fetal neural development, 5-MTHF is important in the synthesis of acetylcholine, an important neurotransmitter. 5-MTHF also supports a healthy cardiovascular system by helping to keep homocysteine levels within the normal range. Homocysteine is a known risk factor for cardiovascular disease.†

\* Quatrefolic is a registered trademark of Gnosis S.p.A.