

Contains No sugar, salt, dairy, soy, yeast, wheat, gluten, preservatives, artificial colors, artificial flavors.

**Suggested Use:** As a dietary supplement, adults take one (1) scoop daily. Add 1 scoop in a cup and add 2-3 oz. hot water. Let it fizz. Stir until dissolved. Fill cup with additional water or other liquid.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**KEEP OUT OF REACH OF CHILDREN.**

Formulated For:

**VITAMIN DISCOUNT CENTER, LLC**

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*Quick Acting, Highly Absorbable*

## Mellow Mag

### Effervescent Magnesium Powder

HELPS SUPPORT CALMNESS & RELAXATION†

**CHERRY FLAVOR • VEGETARIAN**

*Dietary Supplement*

Net Wt. 8 oz. (227 g)



#### **SUPPLEMENT FACTS**

Serving Size 1 Scoop (4g)  
Servings Per Container 57

|                                       | Amount<br>Per Serving | % Daily<br>Value |
|---------------------------------------|-----------------------|------------------|
| Magnesium<br>(as magnesium carbonate) | 350 mg                | 83%              |

**Other Ingredients:** Ionic magnesium (a blend of citric acid and magnesium carbonate), natural cherry flavor, and organic stevia extract.

Magnesium Powder is a highly-absorbable, quick-acting source of magnesium in a convenient effervescent drink. The blend of citric acid and magnesium carbonate creates a special ionic form of magnesium. When added to water, ionic magnesium produces the characteristic carbonation or fizzing experience. Fizzing is an indication that a chemical reaction is taking place, and this reaction renders the magnesium completely soluble in water.

Magnesium helps the body respond quickly to stress, and helps give the body a deep sense of relaxation.†