

Contains No sugar, salt, dairy, soy, yeast, wheat, gluten, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take 3 vegetarian capsules daily, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

Formulated For:

VITAMIN DISCOUNT CENTER, LLC

5519 Southern Comfort Blvd. • Tampa, Florida 33634

1-877-832-8722 • VitaminDiscountCenter.com



Magnesium Glycinate 400 mg

**SUPPORTS CALMNESS &
RELAXATION†**

VEGETARIAN
Dietary Supplement
180 Vegetarian Capsules

SUPPLEMENT FACTS

Serving Size 3 Vegetarian Capsules
Servings Per Container 60

	Amount Per Serving	% Daily Value
Magnesium (as TRAACS® magnesium glycinate)*	400 mg	95%

Other Ingredients: Capsules (cellulose, water), vegetable stearin, magnesium stearate, silica and cellulose.

Magnesium helps the body respond naturally to stress, and supports a deep sense of relaxation.†

Magnesium glycinate is highly bioavailable, and is better absorbed than other forms of supplemental magnesium.†

*Manufactured by Albion Laboratories, the world leader and innovator in mineral amino acid chelate nutrition. The company's products, including their TRAACS® premium chelated minerals, have been featured in numerous research and clinical studies.

TRAACS® is a registered trademark of Albion Laboratories.