

Contains No sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one softgel capsule with meals or as directed by a health care professional. Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN.

Formulated For:

VITAMIN DISCOUNT CENTER, LLC

5519 Southern Comfort Blvd. • Tampa, Florida 33634

1-877-832-8722 • VitaminDiscountCenter.com



Lecithin Capsules

19 Grains (1,200 mg)

Dietary Supplement
100 Softgels

SUPPLEMENT FACTS			
Serving Size 1 Softgel Capsule, 1,200 mg			
	Amount Per Serving	% Daily Value	
Calories 11			
Calories from Fat 11			
Total Fat	1.2 g	2%*	
Soy Lecithin	1,200 mg	**	
Approximate Phosphatide Content:			
Phosphatidylcholine	312 mg	**	
Phosphatidylinositol	168 mg	**	
Phosphatidylethanolamine	240 mg	**	
Approximate Fatty Acid Composition:			
Linolenic Acid	82 mg	**	
Linoleic Acid	696 mg	**	
Oleic Acid	128 mg	**	
Palmitic Acid	220 mg	**	
Stearic Acid	48 mg	**	
* Percent Daily Value based on a 2,000 calorie diet			
** Daily Value not established.			

Other Ingredients: Softgel (gelatin, glycerin and water).