

**Contains No** sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take four (4) tablets daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

**KEEP OUT OF REACH  
OF CHILDREN.**

*Formulated For:*

**VITAMIN DISCOUNT CENTER, LLC**

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# Calcium & Magnesium Citrates

*Dietary Supplement*  
100 Tablets

## **SUPPLEMENT FACTS**

*Serving Size 4 Tablets*

|                                             | Amount<br>Per Serving | % Daily<br>Value |
|---------------------------------------------|-----------------------|------------------|
| Vitamin D<br>(as cholecalciferol)           | 3 mcg (125 IU)        | 15%              |
| Vitamin K (as phyloquinone)                 | 50 mcg                | 42%              |
| Calcium<br>(as citrate, hydroxyapatite)     | 750 mg                | 58%              |
| Magnesium (as citrate, oxide)               | 500 mg                | 119%             |
| Boron<br>(as citrate, aspartate, glycinate) | 3 mg                  | *                |
| Betaine hydrochloride                       | 50 mg                 | *                |

\*Daily Value not established

**Other Ingredients:** Dicalcium phosphate, cellulose, modified cellulose gum, vegetable stearin, magnesium stearate, silica and food glaze.