Contains No sugar, salt, dairy, yeast, wheat, gluten, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) tablet, two (2) times daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN.

Formulated For: VITAMIN DISCOUNT CENTER, LLC 5519 Southern Comfort Blvd. • Tampa, Florida 33634 1-877-832-8722 • VitaminDiscountCenter.com



Calcium & **Magnesium**

With Boron and Vitamin D

Dietary Supplement 250 Tablets

Serving Size 1 Tablet	ENI FACIS	0
	Amount Per Serving	% Daily Value
Vitamin D	0.625 mcg (25 IU)	3%
(as cholecalciferol)		
Calcium	500 mg	38%
(from calcium carbonate,		
calcium chelate, calcium citrate)		
Magnesium	250 mg	%09
(from magnesium oxide,		
magnesium ch	chelate, magnesium citrate)	
Boron	1 mg	*
(from boron chelate)		
Betaine hydrochloride	25 mg	*