

Contains No sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) tablet daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

**KEEP OUT OF REACH
OF CHILDREN.**

Formulated For:

VITAMIN DISCOUNT CENTER, LLC

5519 Southern Comfort Blvd. • Tampa, Florida 33634

1-877-832-8722 • VitaminDiscountCenter.com



SUSTAINED RELEASE
B-Complex
50

Balanced B-Complex
VEGETARIAN
Dietary Supplement
100 Tablets

SUPPLEMENT FACTS

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-1 (as thiamine HCl)	50 mg	4,167%
Vitamin B-2 (as riboflavin)	50 mg	3,846%
Niacin (as niacinamide)	50 mg	313%
Vitamin B-6 (as pyridoxine HCl)	50 mg	2,941%
Folate	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B-12 (as cyanocobalamin)	50 mcg	2,083%
Biotin	50 mcg	167%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	1,000%
Choline (as choline bitartrate)	20 mg	4%
Para aminobenzoic acid	50 mg	*
Inositol	50 mg	*

*Daily Value not established

Other Ingredients: Dicalcium phosphate, cellulose, vegetable stearin, food glaze with vanilla flavor, magnesium stearate, silica, calcium silicate, alfalfa, rice bran, parsley and watercress.