

THE POWER OF BEETS

Beets have become a popular health superfood in recent years — for good reason. They are packed with vital nutrients and produce a multitude of heart-health benefits, due to the fact that they are an incredible source of nitrates — natural compounds that help increase the production of nitric oxide, which helps widen blood vessels and strengthen blood flow.

Total Beets™ tablets feature premium, highly concentrated NO3-T® betaine nitrates, plus MegaNatural®-BP, a clinically studied, antioxidant-rich grapeseed extract that helps support healthy blood pressure*, a critical indicator of cardiovascular health.

Plus, Total Beets tablets help your body produce natural, heart-healthy energy. As nitrates work to improve circulation, more oxygen and essential nutrients are delivered to your muscles and vital organs. This enables your body to use energy more efficiently — energy you need for work, exercise, and other daily tasks.

Better yet, this energy boost happens with no stimulants, no caffeine, and no unnecessary strain on your heart, so you can power through the day and fully Unleash Your Potential®.

DIRECTIONS: Take 4 tablets once daily with food.

BLOOD PRESSURE SUPPORT* AND MORE

Every Total Beets™ tablet contains premium, efficacious ingredients designed to help improve heart health, which means you can expect real results day after day.

Beet Powder

This powerful root vegetable is a circulation superfood, full of nutrients and rich in nitrates. Beets are associated with several health benefits, including improved blood flow and enhanced endurance and stamina.

NO3-T® Betaine Nitrate and Potassium Nitrate

These additional nitrates help to further increase nitric oxide production, resulting in the widening of blood vessels and stronger blood flow. This helps boost energy without stimulants, so your heart can pump blood more efficiently at a normal rate.

MegaNatural®-BP Grapeseed Extract

This premium extract is made from a specialized blend of California grape seeds. In a series of placebo-controlled clinical studies, MegaNatural-BP was shown to help support healthy blood pressure*, an essential component of cardiovascular health.

L-Citrulline and L-Ornithine

These time-tested amino acids are popular ingredients, naturally present in a range of healthy foods and involved in the body's critical urea cycle.

B Vitamins

Vitamins B6 and B12 help the body convert nutrients from food into energy, resulting in an additional lift on top of the powerful circulation boost.

BioPerine®

BioPerine is a black pepper fruit extract that helps improve bioavailability and absorption, so certain key ingredients in the formula can get to work more quickly.

**FORCE
FACTOR**

**TOTAL
BEETS™**

POWERFUL CIRCULATORY SUPPORT†

**SUPPORT HEALTHY
BLOOD PRESSURE†**

WIDEN BLOOD VESSELS†
BOOST NITRIC OXIDE PRODUCTION†

MegaNatural®BP
grapeseed extract to support
BLOOD PRESSURE™

120 TABLETS
DIETARY SUPPLEMENT

INGREDIENTS YOU CAN TRUST

✓ NO ARTIFICIAL COLORS ✓ NO ARTIFICIAL FLAVORS ✓ NO GELATIN
✓ NO ARTIFICIAL SWEETENERS ✓ NO SUGAR

Supplement Facts

Serving Size 4 Tablets
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin C (as Ascorbic Acid)	100 mg	111%
Niacin (as Nicotinamide)	10 mg	63%
Vitamin B6 (as Pyridoxine HCl)	5 mg	294%
Vitamin B12 (as Cyanocobalamin)	10 mcg	417%
Calcium (as Dicalcium Phosphate)	460 mg	35%
Phosphorus (as Dicalcium Phosphate)	370 mg	30%
Selenium (as L-Selenomethionine)	50 mcg	91%
Beetroot Vasodilation Matrix	1050 mg	*
Betaine Nitrate (as NO3-T®), Beet (<i>Beta vulgaris</i>) Powder (root), MegaNatural®-BP Grape (<i>Vitis vinifera</i>) Extract (seed), Potassium Nitrate (as NO3-T®), L-Citrulline, L-Ornithine		
BioPerine® Black Pepper Fruit Extract	5 mg	*

*Daily Value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Hypromellose, Croscarmellose Sodium, Silicon Dioxide, Stearic Acid, Vegetable Magnesium Stearate, and Glycerin.

Keep out of reach of children. For adult use only.

Allergen Warning: Manufactured by equipment which may process products containing milk, eggs, soy, wheat, shellfish, fish, tree nuts, peanuts, and sesame.

Precautions: Use only as directed. Consult a healthcare professional before use if you are pregnant or nursing, have a medical condition, or use prescription medications. This product contains nitrates and should not be used in combination with other products containing nitrates, including medication for chest pain or erectile dysfunction, such as PDE-5 inhibitors. Discontinue use two weeks prior to surgery. Store in a cool, dry place. Protect from heat, light, and moisture.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

* Supports healthy blood pressure already within the normal range.

NO3-T is a registered trademark of ThermoLife International LLC. This mark covers the use of one or more patents listed at www.NO3-T.com/patents. MegaNatural®-BP is a registered trademark of Polyphenolics, Inc. BioPerine® is a registered trademark of Sabinsa Corporation.

Distributed by
Force Factor, LLC
Boston, MA 02210
1-888-44-FORCE

Product manufactured in the U.S. from imported and domestic ingredients.



8 18594 01547 4
FFS-00021-BX 21-3 12

UNLEASH YOUR POTENTIAL®

WWW.FORCEFACTOR.COM