Directions: For adults, take one (1) fast dissolve tablet daily. For best results, allow tablet to dissolve in mouth before swallowing.

Supplement Facts

Serving Size 1Tablet Servings Per Container 60

Amount Per Serving % DV
Vitamin B12 10.000 mcg 166667%

(Cyanocobalamin)

(Cydriocoodidiriiri)

Daily Value (DV) not established

Daily value (DV) not establishe

Other Ingredients: Dextrose, Microcrystalline cellulose, Croscarmellose sodium, Crospovidone, Natural Flavor System (Cherry), Citric Acid, Magnesium Stearate, Silicon Diovide

NO: Milk, Eggs, Wheat, Gluten, Fish, Shell Fish, Nuts,

Warning: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under can is broken or missing.



Manufactured For: HEALTHY NATURAL SYSTEMS® 3750 Investment Lane, Suite 2, West Palm Beach, FL 33404 USA www.VitaSorb.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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VitaSorb™ takes daily supplements to a whole new level with our new Fast Dissolves. Simply place a fast dissolve tablet on your tongue and feel the tablet disintegrating rapidly, usually in a matter of seconds. With our advanced VitaSorb™ Nutrient Absorption System, there are no more common absorption problems or partially dissolved capsules and tablets that your body can't use. A full 100% of your dietary supplement goes to work instantly for you. Some regular tablets and caplets can take over 20 minutes to breakdown in the stomach.



VitaSorb™ Fast Dissolves have been formulated to smoothly melt in your mouth with great tasting flavors and no unpleasant aftertaste. VitaSorb™ Fast Dissolves are an ideal solution for seniors, and those who have trouble swallowing. Plus, they're perfect for active, busy adults who are traveling and since you don't need water you can take them with you wherever you go.

Try our Entire Line of Vitasorb™ Fast Dissolves and Enjoy Good Health!

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- VitaSorb™ Vitamin B-12 10,000mcg Fast Dissolves
 VitaSorb™ Vitamin D 2000 IU Fast Dissolves
 VitaSorb™ CoO-10 100 mg Fast Dissolves
- VitaSorb™ Biotin 10,000mcg Fast Dissolves
 VitaSorb™ Melatonin 10mg Fast Dissolves



VitaSor

■NO WATER NEEDED

Vitamin B-12 is an important vitamin for the normal formation of red blood cells and the health of nerve tissues. Often referred to as the "Energy Vitamin", it supports energy metabolism and a healthy nervous system.*

Your body depends upon B-12 for promoting normal energy levels and immune function, sound sleep, mental alertness, heart health, cell growth and repair, and normal metabolism.* Without enough B-12, your body struggles to convert the carbohydrates and fats you eat into fuel for energy.* Your circulation, adrenal hormone production, nervous system health,

positive mood, memory, and mental

clarity are all potentially at risk when you

run low on Vitamin B-12.* As you age,

your body loses its ability to absorb

B-12.

VitaSorb™ B-12 Fast Dissolves deliver 10,000 mcg of Vitamin B-12 to support energy production and a healthy nervous system in a great tasting cherry flavored tablet with VitaSorb™ technology to help promote fast absorption.*