



SUPPLEMENT FACTS

Serving Size 2 Scoops (19g)

Servings Per Container 21

	Amount Per Scoop	%DV	Amount Per 2 Scoops	%DV
Total Carbohydrate	< 1 g	< 1%*	1 g	< 1%*
Magnesium (as Magnesium Citrate)	24 mg	6%	49 mg	12%
Chromium (as Chromium Histidinate and Chromium Picolinate)	500 mcg	1428%	1000 mcg	2857%
Chloride (as Sodium Chloride)	121 mg	5%	243 mg	10%
Sodium (as Sodium Chloride)	80 mg	3%	160 mg	7%
Potassium (as Potassium Citrate)	47 mg	7%	95 mg	2%
Myo-Ser™ (Sequenced Amino Acid Blend)	2500 mg	†	5000 mg	†
Glutamic Acid, Leucine, Lysine, Isoleucine, Threonine, Arginine, Aspartic Acid, Alanine, Valine, Tyrosine, Phenylalanine, Serine, Methionine, Glutamine, Glycine, Proline, Asparagine, Histidine, Tryptophan, Cysteine				
BCAA Blend	2500 mg	†	5000 mg	†
L-Leucine	1500 mg	†	3000 mg	†
L-Isoleucine	500 mg	†	1000 mg	†
L-Valine	500 mg	†	1000 mg	†
Velocitor® (Chromium/Amylopectin Complex)	1000 mg	†	2000 mg	†
Astralyte™ Electrolyte Blend	775 mg	†	1550 mg	†
Fructooligosaccharides, Magnesium Citrate, Sodium Chloride, Potassium Citrate.				
Taurine	500 mg	†	1000 mg	†
Hyaluronic Acid (as Sodium Hyaluronate)	45 mg	†	90 mg	†
Astragin® (Astragalus membranaceus and Panax Notoginseng [Root] Extract)	12.5 mg	†	25 mg	†

* Percent Daily Values (DV) are based on a 2000 calorie diet

† Daily Value (DV) not established