



WHITE
GRAPE

353G / 12.47OZ

Dietary Supplement

BCAA

+HYDRATION

7G

BCAA 2:1:1

1.5G

Coconut Water
Powder

500MG

SUSTAMINE®

30

Servings

CLASSIC INTRA-WORKOUT FORMULA

STAUNCH

STAUNCH BCAA +HYDRATION with Sustamine®

Directions: Mix 1 scoop of STAUNCH BCAA +HYDRATION with 8-16 ounces of water. Consume 1 serving during exercise on training days, or at any time of day on non-training days.

Supplement Facts

Serving Size: 1 Scoop (11.8g)
Servings Per Container: 30

Amount Per Serving	% DV
Calories	10
Total Carbohydrate	2g 1%
Total Sugars	1g
BCAA (2:1:1) (Instantized)	7,000mg
Hydration Complex	
Coconut Water Powder	1,500mg
Sustamine® (β-alanyl-L-glutamine)	500mg

* Daily Value not established.

Other Ingredients: Natural & Artificial Flavors, Tartaric Acid, Sucralose, Malic Acid, Silicon Dioxide, Yellow #5

Sustamine® is a registered trademark of KROVA BRAND BIO CO., LTD.

STAUNCH

Distributed By: Staunch Nutrition
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For more information on STAUNCH products email:
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Warning: This product is intended only to be used by healthy adults 18 years of age or older. Keep out of reach of children. Consult your physician before use if you are using any prescription or over-the-counter medications, or if you have an pre-existing medical condition. Discontinue use at least 2 weeks prior to surgery. Discontinue use and consult your physician or other health care professional if you experience any adverse reactions while using this product. CONTAINS TREE NUTS.

Storage: Product is filled by weight not volume, some settling may occur. To keep product fresh and prevent clumping, store tightly-closed in a cool, dry place.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.