

VITAMIN CODE[™]

Reduce the risk of Osteoporosis^{††} and strengthen your bones and teeth[†] with **Grow Bone Calcium**, a unique WHOLE FOOD PLANT CALCIUM formula.

- ▶ Reduce the Risk of Osteoporosis^{††}
- ▶ Support Joint Health and Flexibility[†]
- ▶ Easy to Swallow Vegetarian Capsules
- ▶ Plant-Based Calcium Formula

Make **Grow Bone Calcium** an integral part of your daily bone health regimen, including a calcium-rich diet and regular exercise.

^{††} Regular exercise and a healthy diet with enough Calcium and Vitamin D helps you maintain good bone health and may reduce the risk of osteoporosis later in life.

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



VITAMIN CODE[™] **GROW BONE CALCIUM**

WHOLE FOOD PLANT FORMULA
CALCIUM, MAGNESIUM, VITAMINS D3 & K2 MK-7

**REDUCES OSTEOPOROSIS RISK^{††}
HELPS INCREASE BONE STRENGTH[†]**



120 VEGETARIAN CAPSULES WHOLE FOOD DIETARY SUPPLEMENT 

Suggested Use: Adults take 4 capsules during the day. Not intended for children.

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid from ferment media)	50 mg	56%
Vitamin D (as D3 cholecalciferol from ferment media)	40 mcg (1,600 IU)	200%
Calcium (from organic algae [Algae calcareas, Lithothamnium spp.])	756 mg	58%
Magnesium (from algae and Dead Sea Mineral Salt)	386 mg	92%
Vitamin K2 menaquinone-7 (MK-7)	100 mcg	+
Boron (from Brown Rice Chelate)	3 mg	+
Raw Organic Fruit & Vegetable Blend	360 mg	+

Organic Apple (fruit), Organic Strawberry (fruit), Organic Cherry (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Blackberry (fruit), Organic Blueberry (fruit), Organic Raspberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk)

Raw Probiotic & Enzyme Blend 64 mg +
Lipase, Protease, Aspergillopepsin, beta-Glucanase, Cellulase, Bromelain, Phytase, Lactase, Papain, Peptidase, Pectinase, Hemicellulase, Xylanase, [Lactobacillus bulgaricus Lb-87, Lactobacillus plantarum Lp-115] (500 Million CFU)*

* Daily Value not established.

Other ingredients: Vegetable cellulose (capsule), organic rice hull extract, organic gum arabic, organic sunflower oil.

*At time of expiration.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing.

Made without dairy ingredients, peanut, tree nuts or shellfish. Manufactured in a facility that also processes soy, dairy, tree nuts and shellfish.

Package size is determined by labeling information, not the number of servings in this container. The serving size and contents are clearly marked.

**VEGETARIAN
GLUTEN FREE**

Certified



Corporation



Distributed by Garden of Life LLC

4200 Northcoast Parkway, Palm Beach Gardens, FL 33410 USA
Made in the U.S.A. from foods grown in the U.S.A. and other countries.

© 2014 Garden of Life LLC

www.gardenoflife.com

VCCALK120L-083122