

DAVID PERLMUTTER, M.D.



America's Brain-
Health Expert,
a Board-Certified

Neurologist, #1 *New York Times* best-selling author,
Fellow of the American College
of Nutrition, and expert in the
human MICROBIOME.

Quickly Digested. Absorbed & Converted into Energy†

Medium chain triglycerides (MCTs)
are naturally found in coconut oil
and are fast fuel for Body and Brain.†

- ▶ 13g of MCTs (including caprylic and capric acids) per serving
- ▶ Only from sustainably grown organic coconuts
- ▶ No palm oil or other filler oils
- ▶ Hexane-Free
- ▶ Non-Hydrogenated, 0g Trans Fat
- ▶ Paleo & Ketogenic diet-friendly

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dr. Formulated
BRAIN HEALTH†

100% ORGANIC COCONUT
MCT OIL
UNFLAVORED



FAST FUEL for
BODY & BRAIN†

MEDIUM CHAIN
13g
TRIGLYCERIDES

Suggested Use: Take 1 Tbsp. Try in coffee, shakes, yogurt or on salads. Not intended for cooking.

Supplement Facts

Serving Size 1 Tbsp (about 15mL)
Servings Per Container 63

	Amount Per Serving	% Daily Value
Calories	130	
Total Fat	14 g	17%*
Saturated Fat	14 g	70%*
Trans Fat	0 g	+
Polyunsaturated Fat	0 g	+
Monounsaturated Fat	0 g	+
Cholesterol	0 mg	0%
Medium Chain Triglycerides (MCTs)	13 g**	+
CB:O - Caprylic Acid	8 g**	
C10:O - Capric Acid	5 g**	

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: 100% Organic Coconut Medium Chain Triglycerides.

** Naturally occurring.

No refrigeration required.

Keep out of reach of children.

Do not use if safety seal is broken or missing.

Manufactured in a facility that also processes wheat, egg, milk, soy, fish, crustacean shellfish, peanut, tree nuts and sesame.



Distributed by
Garden of Life LLC
4200 Northcorp Parkway
Palm Beach Gardens, FL 33410 USA
Certified Organic by QCS
www.gardenoflife.com
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EPO!

32 FL OZ (946 mL) DIETARY SUPPLEMENT

