

DAVID PERLMUTTER, M.D.



America's Brain-  
Health Expert,  
a Board-Certified

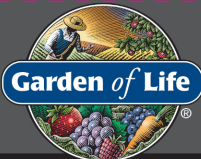
Neurologist, #1 *New York Times* best-selling author,  
Fellow of the American College  
of Nutrition, and expert in the  
human MICROBIOME.

### Quickly Digested, Absorbed & Converted into Energy†

Medium chain triglycerides (MCTs)  
are naturally found in coconut oil  
and are fast fuel for Body and Brain.†

- ▶ 13g of MCTs (including caprylic and capric acids) per serving
- ▶ Only from sustainably grown organic coconuts
- ▶ No palm oil or other filler oils
- ▶ Hexane-Free
- ▶ Non-Hydrogenated, 0g Trans Fat
- ▶ Paleo & Ketogenic diet-friendly

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dr. Formulated  
BRAIN HEALTH†

100% ORGANIC COCONUT  
**MCT OIL**  
UNFLAVORED



**FAST FUEL** for  
**BODY & BRAIN†**

MEDIUM CHAIN  
**13g**  
TRIGLYCERIDES

16 FL OZ (1 PINT) 473 mL

DIETARY SUPPLEMENT



**Suggested Use:** Take 1 Tbsp. Try in coffee, shakes, yogurt or on salads. Not intended for cooking.

## Supplement Facts

Serving Size 1 Tbsp (about 15mL)  
Servings Per Container 32

|                                   | Amount Per Serving | % Daily Value |
|-----------------------------------|--------------------|---------------|
| Calories                          | 130                |               |
| Total Fat                         | 14 g               | 17%*          |
| Saturated Fat                     | 14 g               | 70%*          |
| Trans Fat                         | 0 g                | +             |
| Polyunsaturated Fat               | 0 g                | +             |
| Monounsaturated Fat               | 0 g                | +             |
| Cholesterol                       | 0 mg               | 0%            |
| Medium Chain Triglycerides (MCTs) | 13 g**             | +             |
| C8:0 - Caprylic Acid              | 8 g**              |               |
| C10:0 - Capric Acid               | 5 g**              |               |

\* Percent Daily Values are based on a 2,000 calorie diet.  
\* Daily Value not established.

**INGREDIENTS:** 100% Organic Coconut Medium Chain Triglycerides.

\*\* Naturally occurring.

No refrigeration required.

**Keep out of reach of children.**

Do not use if safety seal is broken or missing.

Manufactured in a facility that also processes wheat, egg, milk, soy, fish, crustacean shellfish, peanut, tree nuts and sesame.



BPA FREE

Certified



— A Carbon Neutral Product —

Distributed by  
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**ELIOT**