

Garden of Life

Dr. Formulated

PROBIOTICS CALM[†]

PRE + PRO + POSTBIOTICS

50 BILLION 14 PROBIOTIC STRAINS

3x ACTION FORMULA WITH ASHWAGANDHA

30 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT



Suggested Use: Take 1 capsule daily. Not intended for children.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

Amount Per Serving

Stress Support Blend 350 mg*

Organic Ashwagandha KSM-66® (root) Extract,
Organic Blueberry (fruit)

PreforPro® Prebiotic Blend 100 mg*

Organic Potato [Resistant Starch] (tuber), PreforPro®
(LH01 - Myoviridae, LL5 - Siphoviridae, T4D - Myoviridae,
LL12 - Myoviridae), Organic Acacia Fiber (*A. senegal*)

Calm Probiotic Blend 145 mg*

Bifidobacterium lactis BL818
Bifidobacterium lactis BI-04
Bifidobacterium infantis BI-26
Bifidobacterium bifidum Bb-06
Bifidobacterium breve Bb-18
Bifidobacterium longum BI-05
Total Bifido Cultures (30 Billion CFU)

Lactobacillus paracasei Lpc-37
Lactobacillus rhamnosus GG
Lactobacillus acidophilus La-14
Lactobacillus plantarum Lp-115
Lactobacillus bulgaricus Lb-87
Lactobacillus casei Lc-11
Lactobacillus gasseri Lg-36
Lactobacillus rhamnosus HN001™
Total Lacto Cultures (20 Billion CFU)

Total Probiotic Cultures 50 Billion CFU[†]

Upcycled Postbiotic Blend 50 mg*

Metabolites upcycled from fermentate of *B. lactis* BL818

*Daily Value not established.

Other Ingredients: Non-GMO Vegetable Cellulose (capsule).

[†]At expiration date under recommended storage conditions. Store in a cool, dry place.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children.

Do not use if safety seal is broken or missing.

Made without dairy or soy ingredients, peanut, tree nuts or shellfish. Manufactured in a facility that also processes egg, soy, dairy, wheat, fish, shellfish, tree nuts and sesame.

PreforPro® is a trademark of Deerland Probiotics & Enzymes, Inc.

Package size is determined by labeling information, not the number of servings in this container. The serving size and contents are clearly marked.



We Buy
100% Certified
Renewable
Energy



PLEASE
RECYCLE



[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by Garden of Life LLC

4200 Northcove Parkway, Palm Beach Gardens, FL 33410 USA
Made in the U.S.A. from foods grown in the U.S.A. and other countries.

www.gardenoflife.com

© 2022 Garden of Life LLC

DFPCL-081622

Certified



Corporation

FPO BARCODE