RADIANT SKIN AND HEALTHY HAIR†

STRONG NAILS†

BIOTIN, BAMBOO SILICA & VITAMIN C

Suggested Use: Adults thoroughly chew 2 gummies daily.

Keep out of reach of children.
Gummies can be a choking hazard.
Store in a cool, dry place.
Do not use if safety seal is broken or missing.
Made without dairy or soy ingredients, peanut or shellfish. Manufactured in a facility that also processes egg, peanut, soy, dairy and wheat.

We Buy 100% Certified Renewable Energy

Recyclable Bottle

Certified B Corporation

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

1mm Graphic Variation & Ink Free Area

Fold

Garden of Life Dr. Formulated

BEAUTY
HAIR, SKIN & NAILS

GUMMIES

NON GMO Project VERIFIED nongmoproject.org

Hyaluronic Acid, Biotin & Silica

Berry Flavor
60 Gummies

Ⓤ Whole Food Dietary Supplement

Centerline

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	4 g	1%†
Total Sugars	3 g	+
Includes 3g Added Sugars		6%†
Vitamin C (from Beauty Blend)	45 mg	50%
Biotin (from culture of *Saccharomyces cerevisiae*)	2,500 mcg	8333%
Selenium (from culture of *Saccharomyces cerevisiae*)	55 mcg	100%
Silica (from Bamboo Extract, standardized to 70% Silica)	7 mg	+
Beauty Blend	100 mg	+
Organic Strawberry (fruit), Organic Raspberry (fruit), Organic Blueberry (fruit), Organic Tart Cherry (fruit), Organic Elderberry (*Sambucus nigra L.*) (fruit), Organic Cranberry (fruit), Non-GMO Ascorbic Acid, Bamboo (leaf) Extract, Hyaluronic Acid, Organic Acerola Cherry (fruit) Extract		

†Percent Daily Values based on a 2,000 calorie diet.
+Daily Value not established.

Other Ingredients: Organic Tapioca Syrup, Organic Cane Sugar, Natural Flavors (Strawberry), Pectin, Citric Acid, Sodium Citrate, Natural Color (from Carrot and Blackcurrant), Citrus Fiber (for dusting).

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision. Not intended for children.

Fold

DAVID PERLMUTTER, M.D.

Formulated by one of America's leading Neurologists, #1 *New York Times* best-selling author and Fellow of the American College of Nutrition.

NON-GMO VERIFIED

GLUTEN FREE

VEGAN

NO ARTIFICIAL COLORS, FLAVORS, SWEETENERS OR PRESERVATIVES

Distributed by Garden of Life LLC
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