FIGHTS CRAVINGS† · BURNS FAT† · SATISFIES HUNGER† · FIGHTS CRAVINGS† · BURNS FAT† · SATISFIES HUNGER† · FIGHTS CRAVINGS† · BURNS FAT† · SATISFIES HUNGER†

RAW ORGANIC FIT

Raw Organic Fit is a **High Protein Plant Based** shake designed to enhance your diet and exercise program, empowering you to **lose weight** and **build lean muscle**.†

PLANT — Certified Vegan · Certified NSF Gluten-Free

TRACEABLE — USDA Organic · Non GMO Project Verified

CLEAN — Certified Carbonfund.org · Informed Choice

- **BURN FAT†** — Organic Svetol® Green Coffee Bean Extract
- **FIGHT CRAVINGS & SATISFY HUNGER†** — Organic Ashwagandha and Organic Fiber
- **BUILD MUSCLE†** — 28g Complete Organic Plant Protein
- **EASY TO DIGEST†** — 3 Billion CFU Probiotics and 13 Enzymes

GLUTEN FREE • MADE WITHOUT DAIRY OR SOY INGREDIENTS — LOW GI

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FPO BARCODE

Garden of Life®

RAW ORGANIC Fit

HIGH PROTEIN FOR WEIGHT LOSS†

BURNS FAT† • SATISFIES HUNGER†
FIGHTS CRAVINGS†

PLANT BASED **Coffee** Flavor — 28g PROTEIN · <1g SUGAR · USDA ORGANIC · NON GMO Project VERIFIED

VEGAN • GLUTEN FREE • MADE WITHOUT DAIRY OR SOY INGREDIENTS

Net Wt 16.40 oz (1 lb 0.40 oz / 465 g) WHOLE FOOD DIETARY SUPPLEMENT Ⓤ

- 190 CALORIES
- 28g PROTEIN
- 4g FIBER
- <1g SUGAR
- 60mg CAFFEINE

Supplement Facts

Serving Size 1 Level Scoop (About 46.5g)
Servings Per Container 10

	Amount Per Serving	% Daily Value
Calories	190	
Total Fat	3 g	4%¹
Saturated Fat	0.5 g	3%¹
Trans Fat	0 g	
Polyunsaturated Fat	1 g	
Monounsaturated Fat	1 g	
Sodium	280 mg	12%
Total Carbohydrate	9 g	3%¹
Dietary Fiber	4 g	14%¹
Soluble Fiber	2 g	
Insoluble Fiber	2 g	
Total Sugars	<1 g	+
Includes 0g Added Sugars		0%¹
Protein	28 g	38%¹
Vitamin D	25 mcg (1,000 IU)	125%
Calcium (naturally occurring)	150 mg	12%
Iron (naturally occurring)	3 mg	17%
Potassium (naturally occurring)	90 mg	2%
Vitamin A	280 mcg	31%
Vitamin C (naturally occurring)	1.2 mg	1%
Vitamin E (from Sunflower Oil)	15 mg	100%
Vitamin K	130 mcg	108%
Magnesium (naturally occurring)	27 mg	6%
Chromium (from Brown Rice Chelate)	35 mcg	100%
Raw Certified Organic Protein Blend	42 g	+
Organic Pea Protein, Organic Sprouted Brown Rice Protein, Organic Tapioca Fiber, Organic Pea Fiber, Organic Chia Seed & Sprout, Organic Flax Seed & Sprout, Organic Cracked-Wall Chlorella, Organic Amaranth Sprout, Organic Quinoa Sprout, Organic Millet Sprout, Organic Buckwheat Sprout, Organic Garbanzo Bean Sprout, Organic Lentil Sprout, Organic Adzuki Bean Sprout, Organic Sunflower Seed Sprout, Organic Pumpkin Seed Sprout, Organic Sesame Seed Sprout		
Raw Certified Organic Weight Loss & Stress Management Blend	700 mg	+
Raw Organic Svetol® (Naturally Decaffeinated Green Coffee Bean Extract), Raw Organic Ashwagandha Root		
Raw Certified Organic Superfood Blend	330 mg	+
Organic Baobab Fruit, Organic Cinnamon, Organic Daikon Radish Sprout, Organic Alfalfa Sprout		
Raw Probiotic & Enzyme Blend	21 mg	+
[*Lactobacillus acidophilus, Lactobacillus plantarum*] (3 Billion CFU), Lipase, Protease, Aspergillopepsin, beta-Glucanase, Cellulase, Bromelain, Phytase, Lactase, Papain, Peptidase, Pectinase, Hemicellulase, Xylanase		

¹Percent Daily Values based on a 2,000 calorie diet.
+Daily Value not established.

Other Ingredients: Organic Arabica Fair Trade coffee, organic vanilla flavors, organic coffee flavor, organic stevia extract (leaf), sea salt.

Contains: Sesame.

Suggested Use: Adults mix 1 level scoop in 10 ounces of water (scoop included). Delicious with unsweetened almond milk. Not intended for children.

TYPICAL AMINO ACID PROFILE (Per 46.5g Serving)

ALANINE	1420 mg
ARGININE	2370 mg
ASPARTIC ACID	3080 mg
CYSTINE	340 mg
GLUTAMIC ACID	4710 mg
GLYCINE	1220 mg
HISTIDINE	670 mg
ISOLEUCINE**^	1340 mg
LEUCINE**^	2340 mg
LYSINE**	1780 mg
METHIONINE**	450 mg
PHENYLALANINE**	1540 mg
PROLINE	1290 mg
SERINE	1490 mg
THREONINE**	980 mg
TRYPTOPHAN**	290 mg
TYROSINE	1220 mg
VALINE**^	1440 mg

**Essential Amino Acids ^Branched Chain Amino Acids

Vitamins A, D & K from culture of *Saccharomyces cerevisiae*.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing.

ESTIMATED MINIMUM FILL

The density of the powdered ingredients in this product naturally vary from lot to lot and require space in the container at the time of packaging. Over time, the powders settle, causing the container to appear less full than when it was first packaged. This product is sold by weight and not by volume.

Made without dairy or soy ingredients, added sugars, filler ingredients, nor artificial colors, flavors or preservatives.

Manufactured in a facility that also processes egg, milk, soy, wheat, fish and tree nuts. May contain traces of soy due to agricultural practices.

We Buy 100% Certified Renewable Energy

Recyclable Bottle

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