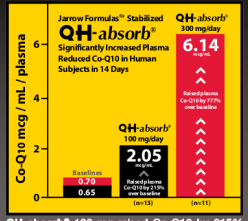
USAGE: Take 1 softgel per day with a meal or as directed by your qualified healthcare professional.

Ubiquinol is the reduced (active antioxidant) state of Co-Q10, the form produced by our cells and is significantly better absorbed as a supplement, particularly as we age.



QH-absorb® 100 mg raised Co-Q10 by 215% and 300 mg raised Co-Q10 by 777% over baseline in humans per day.

Jarrow Formulas® QH-absorb® is a proprietary enhanced stability formula, which has been clinically shown in humans to increase Co-Q10 levels up to 777% (6.14x) over baseline at 300 mg per day intake.

Keep out of the reach of children.

Particle formation inside softgel is normal and dissolves after ingestion.

Lot #. Best Used Before:

Jarrow FORMULAS®

Larger Size

Reduced Form Co-Q10

Ubiquinol

QH-absorb®

GLUTEN FREE

High Absorption / Enhanced Stability

200 MILLIGRAMS | 60 SOFTGELS | DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Softgel — Servings Per Container 60

	Amount Per Serving	% DV
Ubiquinol (Kaneka QH®)	200 mg	*

* Daily Value not established.

Other Ingredients: Medium chain triglycerides, phosphatidylcholine (from soy lecithin), beeswax, rosemary extract, vitamin E and ascorbyl palmitate. Softgel consists of gelatin, glycerin and water. Carob extract and caramel added as a light barrier.

Contains: Soy.

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Kaneka QH® is a registered trademark of the Kaneka Corporation of Japan.

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Distributed Exclusively by:
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