

Suggested Use:

Take 30 drops in a small amount of water, 3-4 times daily as needed, or as directed.

Safety Guideline:

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before use. Keep away from children. Use only as directed on label.



Manufactured by:
The Herb Stop
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HERB STOP[®]
Thanks to Your Own Health[®]

Liquid Herbal Extract

CERTIFIED ORGANIC

**Valerian
Root**

Supports restful sleep*

4 oz (60 ml) Dietary Supplement

Supplement Facts

Serving Size: 30 drops

Amount Per Serving

EXTRACT:

Valerian Root[Ⓞ]

(*Valeriana officinalis*)

Approximate crude herb equivalent
per 30 drops: 210 mg

*Daily Value not established

Other Ingredients: 40% Grape Alcohol,
Water

Ⓞ = Certified Organic

🌱 = Vegan & Cruelty-Free

Lot #1708233

Made in the USA.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.