

Suggested Use:

Take 2 capsules 30 minutes before bed with water, or as directed by your qualified healthcare professional.

Safety Guideline:

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before use. Keep away from children. Use only as directed on label.



Manufactured by:
The Herb Stop

P.O. Box 673 | Pima, AZ 85644
1.877.345.HERB
www.HerbStop.com

HERB STOP®

Healthy In Your Own Hands®

Herbal Capsule

CERTIFIED ORGANIC

Valerian Root

Supports restful sleep*
Support for occasional muscle tension*

300 Veggie Capsules Dietary Supplement

Supplement Facts

Serving Size: 2 capsule
Servings Per Container: 150

	Amount Per Serving	% DV†
Valerian Root** 500 mg ** (<i>Valeriana officinalis</i>)		

**Daily Value not established

Other Ingredients: Vegetable Based Capsules (Hydroxypropyl Methylcellulose and Purified Water).

🌱 Certified Organic
🌱 Vegan & Cruelty-Free

Lot #1704412

Made in the USA.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.