

## Suggested Use:

Take 2 capsules 3 times per day with water, or as directed by your qualified healthcare professional.

## Safety Guideline:

St. John's Wort may potentiate pharmaceutical MAO inhibitors. Avoid prolonged exposure to sunlight while taking products with St. John's Wort. Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before use. Keep away from children. Use only as directed on label.



Manufactured by:  
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**HERB STOP**<sup>®</sup>  
Health In Your Own Hands<sup>®</sup>

Herbal Capsule

100% ORGANIC CONTENT

# Stress Release

Supports a healthy  
response to emotional  
stressors\*

300 Veggie Capsules Dietary Supplement

## Supplement Facts

Serving Size: 2 capsules  
Servings Per Container: 150

	Amount Per Serving	% DV
<b>PROPRIETARY BLEND</b>	<b>600 mg</b>	**
Feverfew Herb ( <i>Tanacetum parthenium</i> )	120 mg	100%
Skullcap Herb ( <i>Scutellaria laterifolia</i> )	120 mg	100%
St. John's Wort Herb ( <i>Hypericum perforatum</i> )	120 mg	100%
Lavender Flower ( <i>Lavandula officinalis</i> )	120 mg	100%
Rosemary Leaf ( <i>Rosmarinus officinalis</i> )	120 mg	100%

\*\*Daily Value not established

**Other Ingredients:** Vegetable Based Capsules (Hydroxypropyl Methylcellulose and Purified Water).

🌱 Certified Organic  
🌿 Vegan & Cruelty-Free

Lot #1510156

Made in the USA.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.