

Suggested Use:

Take 2 capsules 10 to 20 minutes before bed, or as directed by your qualified healthcare professional.

Safety Guideline:

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before use. Keep away from children. Use only as directed on label.



Manufactured by:
The Herb Stop
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HERB STOP[®]
Health In Your Own Hands[®]

Herbal Capsule

100% ORGANIC CONTENT

**Quiet
Mind**

Supports healthy
sleep patterns*

300 Veggie Capsules Dietary Supplement

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 150

	Amount Per Serving	% DV
PROPRIETARY BLEND	620 mg	**
Chamomile Flower (<i>Matricaria recutita</i>)		
Valerian Root (<i>Valeriana officinalis</i>)		
Goldenseal Root (<i>Hydrastis canadensis</i>)		
Sea Salt (<i>Sodium chloride</i>)		

**Daily Value not established

Other Ingredients: Vegetable Based Capsules (Hydroxypropyl Methylcellulose and Purified Water).

☼ Certified Organic
🌱 Vegan & Cruelty-Free

Lot #1703053

Made in the USA.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.