

## Suggested Use:

Take 1 capsules 3 times per day with water for mild cases. Take 2 capsules 3 times per day with water for moderate cases. Take 3 capsules in the morning, 2 capsules mid-day, and 3 capsules in the evening with water for severe cases, or as directed by your qualified healthcare professional.

## Safety Guideline:

Spirulina is not for use by individuals using anti-coagulant therapy. St. John's Wort may potentiate pharmaceutical MAO inhibitors. Avoid prolonged exposure to sunlight. Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before use. Keep away from children. Use only as directed on label.



Manufactured by:  
The Herb Stop  
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**HERB STOP**<sup>®</sup>  
Health In Your Own Hands<sup>®</sup>

Herbal Capsule

100% ORGANIC CONTENT

**Eaz  
Stress**

**Supports a healthy  
response to stress\***

300 Veggie Capsules Dietary Supplement

## Supplement Facts

Serving Size: 1 capsule  
Servings Per Container: 300

	Amount Per Serving	% DV
<b>PROPRIETARY BLEND</b>	<b>433 mg</b>	**
Spirulina (Spirulina platensis)♣		
St. John's Wort Herb (Hypericum perforatum)♣		

\*\*Daily Value not established

**Other Ingredients:** Vegetable Based Capsules (Hydroxypropyl Methylcellulose and Purified Water).

♣ Certified Organic  
... Vegan & Cruelty-Free

Lot #1703958

Made in the USA.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.