

IMPORTANT:

STORE IN A COOL DRY PLACE AND TIGHTLY CAPPED.
KEEP OUT OF THE REACH OF CHILDREN.

FREE OF: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts,
Wheat or Soy

Orgen-B's is a Certified Organic Blend of Guava, Holy
Basil, and Citrus Limon Extracts (Fruit, Leaves and Peels)

Orgen-Bio is Certified Organic extract of Sesbania
Grandiflora Leaves

Orgen-B's and Orgen-Bio are registered trademarks of
Organetics



Manufactured Exclusively by

KIRKMAN®



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GLUTEN-FREE

KIRKMAN®

VITAMIN B-COMPLEX

with Natural Ingredients

**DIETARY
SUPPLEMENT**

SUGGESTED USE:

Take one capsule daily or as directed by a physician.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

Each Serving Contains	Amount per Serving	% Daily Value
Vitamin B1 (Thiamine from Orgen-B's Complex)	7 mg	583%
Vitamin B2 (Riboflavin from Orgen-B's Complex)	6.5 mg	500%
Vitamin B3 (Niacin from Orgen-B's Complex)	11 mg	69%
Vitamin B6 (Pyridoxine from Orgen-B's Complex)	7 mg	412%
Vitamin B9 (Folic Acid from Orgen-B's Complex)	375 mcg DFE	94%
Vitamin B12 (as Methylcobalamin)	24 mcg	1000%
Biotin (from Orgen-Bio Complex)	300 mcg	1000%
Vitamin B5 (Pantothenic Acid from Orgen-B's Complex)	12 mg	240%

Other Ingredients: Organic Rice Hulls, Vegetarian Capsule
(Pullulan based)

**90
CAPSULES**