

SUGGESTED USE:

Take two capsules daily or as directed by a physician.

IMPORTANT: Store in a cool dry place and tightly capped.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of the reach of children. In case of overdose, call a doctor or poison control center immediately.

CAUTION: Formulated for adults and children four years and older. For children under four, consult a physician.

FREE OF: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Manufactured Exclusively by:

KIRKMAN® Lake Oswego, OR 97035
503.694.1600
1.800.245.8282
KIRKMANGROUP.COM



0519-120 • 220107

HYPOALLERGENIC | GLUTEN-FREE

KIRKMAN® PRENATAL ADVANCED CARE VITAMINS & MINERALS *with 5-MTHF*

A complete prenatal vitamin
for pregnant women†

DIETARY
SUPPLEMENT



120
CAPSULES

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 60

Each Serving Contains	Amount per Serving	% Daily* Value
Vitamin A (as Retinol, Beta-Carotene) 5000 IU	1500 mcg RAE	115%
Vitamin C (as Ascorbic Acid)	250 mg	208%
Vitamin D-3 (as Cholecalciferol) 2000 IU	50 mcg	333%
Vitamin E (Alpha-Tocopherol)(Sunflower) 60 IU	40 mg	212%
Vitamin K1 (as Phylloquinone)	40 mcg	44%
Vitamin B1 (as Thiamine Mononitrate)	5 mg	357%
Vitamin B2 (as Riboflavin, Riboflavin-5-Phosphate)	5 mg	313%
Vitamin B3 (as Niacinamide)	20 mg NE	111%
Vitamin B6 (as Pyridoxine HCl)	4 mg	200%
Folate (as Calcium L-5-MTHF)(Folic Acid 918 mcg)	1530 mcg DFE	255%
Vitamin B12 (as Cyanocobalamin)	200 mcg	7143%
Biotin	30 mcg	86%
Vitamin B5 (as Calcium Pantothenate)	10 mg	143%
Calcium (from Calcium Carbonate)	200 mg	15%
Iron (from Ferrous Bisglycinate Chelate)	27 mg	100%
Iodine (from Potassium Iodide)	150 mcg	52%
Magnesium (from Magnesium Oxide)	100 mg	25%
Zinc (from Zinc Citrate)	20 mg	154%
Selenium (from Selenium Glycinate Complex)	70 mcg	100%
Copper (from Cupric Oxide)	2 mg	154%
Manganese (from Manganese Citrate)	2 mg	77%
Chromium (from Chromium Nicotinate Glycinate Chelate)	100 mcg	222%
Molybdenum (from Molybdenum Glycinate)	75 mcg	150%

*Percent Daily Values for pregnant and lactating women.

Other Ingredients: Vegetarian Capsule (Hydroxypropylcellulose & water), Magnesium Stearate (plant based)