

IMPORTANT:

Store in a cool dry place and tightly capped. Keep out of the reach of children.

Tablets must be swallowed whole. Do not crush or dissolve in liquids as this will destroy the extended release system that extends dissolve time. Tablets may be swallowed with foods like applesauce, mashed potatoes, or peanut butter followed by water. Individual tablets may darken over time but the potency and efficacy is not affected.

CAUTION: Formulated for adults and children four years and older. For children under four, consult a physician.

FREE OF: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame

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Manufactured Exclusively by:

KIRKMAN®

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**DIETARY
SUPPLEMENT**

GLUTEN-FREE

KIRKMAN®

MELATONIN EXTENDED RELEASE

2.5 mg

Promotes sleep with
slow release[†]

**150
TABLETS**

SUGGESTED USE:

Swallow one tablet one hour before bedtime or as directed by a physician.

Supplement Facts

Serving Size: 1 Tablet

Each Serving Contains	Amount per Serving	% Daily Value
Calcium (from Calcium Carbonate)	132mg	10%
Melatonin	2.5mg	*

* Daily Value not established

Other Ingredients: Microcrystalline Cellulose, Purified Water, Stearic Acid (plant-based), Citric Acid, Silicon Dioxide, Sodium Glycolate

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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