



Supplement Facts

Serving Size 7g (About 1 Scoop/Packet)

Servings Per Container - Varied

	Amount per serving	% Daily Value
Calories	25	
Total Carbohydrate	4 g	1%**
Dietary Fiber	2 g	7%**
Total Sugars	0 g	†
Includes 0g Added Sugars		0%**
Protein	1 g	
Vitamin A	40 mcg	4%
Vitamin C	25 mg	28%
Vitamin K	45 mcg	38%
Calcium	30 mg	2%
Iron	1 mg	6%
Sodium	15 mg	1%
Potassium	120 mg	3%

AMAZING GRASS® Green Food Blend	4 g	†
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Organic Wheat Grass, Organic Barley Grass, Organic Alfalfa Grass, Organic Spinach, Organic Spirulina, Organic Chlorella (cracked cell-wall), Organic Broccoli

AMAZING GRASS® Antioxidant Blend	1.1 g	†
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Spectra™ (Green Coffee Extract, Green Tea Leaf Extract, Broccoli Sprout, Onion Extract, Apple Extract, Tomato, Broccoli, Camu Camu, Acerola Cherry Extract, Açai Berry, Turmeric, Garlic, Basil, Oregano, Cinnamon, Carrot, Elderberry, Mangosteen, Blackcurrant Extract, Blueberry Extract, Sweet Cherry, Raspberry, Spinach, Chokeberry, Kale, Blackberry, Bilberry Extract, Brussels Sprout, Sunflower Lecithin), Organic Rose Hips, Organic Pineapple, Organic Carrot, Acerola Cherry Extract, Organic Green Tea Leaf Extract, Organic Maca Root, Organic Açai Berry, Organic Beet Root, Organic Raspberry

EFA Fiber Blend	467 mg	†
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Organic Flax Seed, Organic Gum Acacia

Digestive Enzyme & Active Culture Pre/Probiotic Blend	268 mg	†
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F.O.S. (Fructooligosaccharide), Amylase (*Aspergillus oryzae*), Protease (*Aspergillus oryzae*), Lipase (*Aspergillus niger*), Lactase (*Aspergillus oryzae*), Cellulase (*Trichoderma reesei*), *Lactobacillus acidophilus*

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Natural Flavor, Citric Acid, Fruit and Vegetable Juice for Color, Organic Peppermint Leaf, Stevia Leaf Extract, Silica.