



NATURE'S TRUTH®

VITAMINS

Virgin Cold Pressed
**BLACK CUMIN
SEED OIL**
2,000 mg PER SERVING

NATURALLY OCCURRING
OMEGA 6 & 9



DIETARY
SUPPLEMENT

50 QUICK RELEASE
SOFTGELS



POTENT SOURCE OF
ANTIOXIDANT TQ,
SOLVENT & HEXANE FREE

Supplement Facts

Serving Size: 2 Quick Release Softgels
Servings Per Container: 25

Amount Per Serving	%Daily Value	
Calories	20	
Total Fat	2 g	3%**
Polyunsaturated Fat	1 g	*
Black Cumin Seed Oil	2,000 mg (2 g)	*
(Nigella sativa) (seed)		
(Contains Naturally-Occurring Thymoquinone (TQ))		
Typical Fatty Acid Profile:		
Omega 6 (Linoleic Acid)	40-67%	*
Omega 9 (Oleic Acid)	17-30%	*

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Gelatin, Vegetable Glycerin.

DIRECTIONS: For adults, take two (2) quick release softgels daily, preferably with a meal.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place. Keep away from heat or direct sunlight.

NO Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Flavor, Artificial Sweetener, Preservatives.

NON-GMO

Carefully Manufactured by
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