SUGGESTED USE: 1 tablet daily preferably with a meal or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. This product is not intended for pregnant or nursing mothers, children under the age of 18, or individuals taking any prescription medication including anti-depressants. Avoid driving or performing other potentially dangerous tasks while taking this formula. If you have questions about the advisability of taking this product, consult a physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustezean shellfish.

† Contains natural and synthetic/artificial ingredients.

Results may vary and are not guaranteed.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.







MOOD BOOST

PREMIUM FORMULA FOR MEN AND WOMEN



30 TABLETS

Supplement Facts

Serving Size: 1 Tablet Servings Per Container: 30

,	Amount Per Servi	ng: %D\
Vitamin C (ascorbic acid)	166.5 mg	277.5%
Vitamin B1(thiamine HCI)	25 mg	1666.5%
Vitamin B2 (riboflavin)	25 mg	1470.5%
Niacinamide	16.5 mg	82.5%
Vitamin B6 (pyrodixine HCI) 25 mg	1250%
Folic Acid	33 mcg	8.5%
Vitamin B-12 (cyanocobala	min) 20 mcg	333.5%
Biotin	20 mcg	6.5%
Pantothenic Acid (calcium	panto.) 16.5 mg	
Calcium (dicalcium phosph	ate) 200 mg	20%
Magnesium (oxide)	100 mg	25%
Choline Bitartrate	16.5mg	*
Inositol	16.5mg	*
PABA (para-Aminobenzoic	acid 16.5mg	*
Hops Flower Powder	25 mg	*
Chamomile Flower Powde		*
Valerian Root Powder	25 mg	*
Passionflower Powder	25 mg	*
*Daily Value not established		

ily Value not established.

Other Ingredients: Microcrystalline cellulose, vegetable stearic acid, croscarmellose sodium, vegetable magnesium stearate, clear film coat, silicon dioxide, and vanilla bean.

Distributed by: Rise-N-Shine, LLC 17 Woodport Road, Sparta, NJ 07871 973-729-4141 • www.rise-n-shine.com