**SUGGESTED USE:** 1 capsule daily preferably with meal or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. If you are taking a birth control pill, are considering becoming pregnant or have questions about the advisability of taking this product, consult your physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, ego, peanuts, there unts, fish and crustacean shellfish.

†Contains natural and synthetic/artificial ingredients.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFET

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.







## MENOPAUSE SUPPORT

FORMULATED WITH BLACK COHOSH, DONG QUAI, RED CLOVER & MORE



30 CAPSULES

## Supplement Facts

Serving Size: 1 Capsule S	ervings Per Container: 30
Amount Per Serving	% Daily Value
Soy Isoflavones	15 mg *
Black Cohosh (2.5% extrac	t) 80 mg *
Dong Quai (1% extract)	75 mg *
Licorice (1% extract)	75 mg *
Red Clover (1% extract)	200 mg *
Sage Extract	100 mg *
Chasteberry Fruit (0.5 extra	ct) 25 mg *
Blessed Thistle (herb powd	er) 25 mg *
Red Raspberry Extract	25 mg *
Wild Yam Root (16% extra	ct) 7.5 mg *
Trans-Resveratrol	.5 mg *
(from Polygonum cuspidati	um root extract)
*Daily Value (DV) not established	

Other ingredients: Gelatin (bovine), microcrystalline cellulose, vegetable magnesium stearate, and silicon dioxide.

## ALLERGEN WARNING: CONTAINS SOY (SOY ISOFLAVONES)

Distributed by: Rise-N-Shine, LLC 17 Woodport Road, Sparta, NJ 07871 973-729-4141 • www.rise-n-shine.com