SUGGESTED USE: 1 capsule taken 1 to 3 times daily preferably with meals or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Avoid taking this product in conjunction with other dietary supplements which contain high levels of elemental chromium. This product is not intended for pregnant or nursing mothers or children under the age of 18. If you are diabetic, or have a known medical condition, consult your physician prior to taking this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

† Contains natural and synthetic/artificial ingredients.

KEEP OUT OF REACH OF CHILDREN, DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING, STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.







FORMULATED WITH HERBAL INGREDIENTS



	Supplement	racts	5
	Serving Size 1 Capsule Se	rvings Per Cont	ainer: 60
•	Amount Per Serving	%D	aily Value
	Vitamin C (ascorbic acid)	50 mg	
	Vitamin E (d-Alpha toco. succina		
	Biotin	300 mc	100%
	Magnesium (oxide)	125 mg	31%
	Zinc (oxide)	7.5 mg	
	Manganese (amino acid chelate		
	Chromium (amino acid chelate)	67 mc	56%
	Banaba Leaf (1% extract) (Lagerstroernia speciosa)	25 mg	*
	Guggul (10% extract) (resin)	50 mg	*
	Bitter Melon (4:1 extract) (fruit)	50 mg	*
	Licorice Root Extract	50 mg	*
	Cinnamon Bark Powder (Cinnamomum cassia)	50 mg	*
	Gymnema sylvestre Leaf Powde	er 50 mg	*
	Yarrow Flowers Powder	25 mg	*
	Cayenne Pepper Powder (40M HU/G) (fruit)	10 mg	*
	Juniper Berry Powder	25 mg	*
	White Mulberry Leaf Powder	25 mg	*
	Vanadium (vanadyl sulfate)	200 mcg	. *

*Daily Value not established.

Alpha Lipoic Acid

L-Taurine

Other ingredients: Gelatin (bovine), microcrystalline cellulose. rice flour, vegetable magnesium stearate and silicon dioxide.

30 mg

25 ma

Distributed by: Rise-N-Shine, LLC 17 Woodport Road, Sparta, NJ 07871 973-729-4141 • www.rise-n-shine.com