

IMPORTANT:

Store in a cool dry place and tightly capped. Keep out of the reach of children.

CAUTION: Magnesium supplements can cause changes in stool consistency and bowel habits. If this occurs, discontinue use and discuss this matter with your physician.

Formulated for children and adults four years and older. For children under four, consult a physician.

Free Of: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame



Kirkman® and Ultra Tested® are Registered in U.S. Patent and Trademark Office

Manufactured Exclusively by: Lake Oswego, OR 97035
 503.694.1600
 1.800.245.8282
KIRKMAN®
 KIRKMANGROUP.COM

HYPOALLERGENIC | GLUTEN-FREE

MAGNESIUM BISGLYCINATE CHELATE

100 MG

**DIETARY
SUPPLEMENT**

SUGGESTED USE:

Take one capsule, three times daily or as directed by a physician. Capsules may be pulled apart and the contents mixed with food or beverages.

Supplement Facts

Serving Size: 1 Capsule
 Servings Per Container: 250

Each Serving Contains	Amount per Serving	% Daily Value
Magnesium (from Magnesium Bisglycinate Chelate)	100 mg	24 %

Other Ingredients: Vegetarian Capsule (hypromellose and water), L-Leucine

**250
CAPSULES**



0096-250 • 220105