Item# 22260

All living things contain SAM-e (S-adenosylmethionine). The body makes SAM-e from the amino acid methionine. However, you may not be able to obtain sufficient methionine levels simply by ingesting food. In addition, because of age or other factors, levels of SAM-e can fluctuate or decline. Supplementation with SAM-e is the easiest way to increase intake. SAM-e is involved in over 35 biochemical reactions involving enzymatic transmethylation.* The methylation process is the mechanism by which the body rids itself of potentially damaging compounds, synthesizes neurotransmitters, makes components of cartilage, regulates enzyme activity within the cell and maintains the flexibility of cell membranes.* Science has been looking into this remarkable supplement and time after time clinical studies have drawn the same conclusions, SAM-e:

Please see enclosed insert for more information.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing. **A Note About Our Enteric Coating:** SAM-e is enterically coated so that you receive optimal absorption. The enteric coating ensures that the breakdown of SAM-e occurs in the small intestine. Clinical trials indicate that absorption is more efficient in the small intestine rather than in the stomach. In addition, the enteric coating is designed to protect SAM-e from moisture. The lack of an enteric coating should not be harmful to the stomach, and there have been no reported cases to this effect. However, the enteric coating serves as a protective barrier so that SAM-e can be absorbed where it can provide you with the greatest benefits. **CAUTION:** You should consult your physician before using SAM-e if you are taking MAO Inhibitors. Individuals affected by bipolar (manic) depression should not take this product. Like all supplements, **CAUTION:** SAM-e is not intended for use by children and you should consult your physician before using SAM-e if you are pregnant or nursing. **Discontinue use and consult your physician if** gastrointestinal discomfort occurs. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

FOSTER REGAL®

The Best Choice.®

SAM-e

S-adenosylmethionine

200 MG

- Promotes Healthy Joint Function and Comfort *
- Boosts Mood and Emotional Well-Being *
- Supports Healthy Liver Function *

Gluten Free

Dietary Supplement

60 Enteric Coated Tablets

Supplement Facts

Serving Size 2 Tablets — Servings Per Container 30

Amount Per Serving		% DV
S-adenosylmethionine (SAM-e)	400 mg	**

** Daily Value not established.

Other ingredients: Vegetable cellulose, mannitol, polymethacrylate, vegetable magnesium stearate, carboxymethylstarch sodium, silica, triethyl citrate.

DIRECTIONS: For adults, take two (2) tablets daily, preferably on an empty stomach. In order to obtain maximum benefits, SAM-e should be taken at least 30 minutes prior to a meal.

Mfg. in an FDA Registered Facility, using Good Manufacturing Practices (GMPs).

Keep tightly closed. Store at room temperature 59°-86° F (15°-30° C).

KEEP OUT OF REACH OF CHILDREN.

Contains **No** Artificial Flavor, **No** Preservatives, **No** Sugar, **No** Milk, **No** Lactose, **No** Soy, **No** Wheat, **No** Yeast and **No** Fish.

Mfg. for: **Foster Regal Laboratories ®**, 115 S.C.T. Ct.
White House, TN 37188 **Made in USA**

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