

SUGGESTED USE:

Take two capsules daily or as directed by a physician.

IMPORTANT: Store in a cool dry place and tightly capped. Keep out of the reach of children.

CAUTION: Formulated for children four years and older. For children under four, consult a physician

FREE OF: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



0464-120 • 220705



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Manufactured Exclusively by:

KIRKMAN®

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HYPOALLERGENIC | GLUTEN FREE

KIRKMAN®

CHILDREN'S MULTIVITAMIN & MINERAL *with 5-MTHF*

Broad spectrum, high-potency vitamin
and mineral supplementation†

DIETARY
SUPPLEMENT

120
CAPSULES

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 60

Each Serving Contains	Amount per Serving	% Daily Value
Vitamin A (as Retinol, Beta-Carotene) 2500 IU	750 mcg RAE	83%
Vitamin C (as Ascorbic Acid)	150 mg	167%
Vitamin D3 (as Cholecalciferol) 400 IU	10 mcg	50%
Vitamin E (as Alpha-Tocopherol) 60 IU	40 mg	267%
Vitamin B1 (as Thiamine Mononitrate)	3 mg	250%
Vitamin B2 (as Riboflavin)	3.4 mg	262%
Vitamin B3 (as Niacinamide)	20 mg NE	125%
Vitamin B6 (as Pyridoxine HCl)	4 mg	235%
Folate (as 5-MTHF Calcium Salt)(Folic Acid 400 mcg)	666 mcg DFE	167%
Vitamin B12 (as Methylcobalamin)	24 mcg	1000%
Biotin	300 mcg	1000%
Vitamin B5 (as D-Calcium Pantothenate)	10 mg	200%
Iodine (from Potassium Iodide)	150 mcg	100%
Magnesium (from Magnesium Oxide, Glycinate)	50 mg	12%
Zinc (from Zinc Picolinate)	20 mg	182%
Selenium (from Selenium Glycinate Complex)	70 mcg	127%
Manganese (from Manganese Citrate)	2 mg	87%
Chromium (from Chromium Nicotinate Glycinate)	25 mcg	71%
Molybdenum (from Molybdenum Glycinate)	75 mcg	167%
Coenzyme Q10	10 mg	*

*Daily Value not established

Other Ingredients: Vegetarian Capsules (hypromellose and water), Microcrystalline Cellulose, Silicon Dioxide, Ascorbyl Palmitate