

## SUGGESTED USE:

Take two chewable tablets daily or as directed by a physician.

**IMPORTANT:** STORE IN A COOL DRY PLACE AND TIGHTLY CAPPED. KEEP OUT OF THE REACH OF CHILDREN.

**CAUTION:** FORMULATED FOR CHILDREN FOUR YEARS AND OLDER. FOR CHILDREN UNDER FOUR CONSULT A PHYSICIAN.

**FREE OF:** Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat and Soy

Kirkman and Ultra Tested are Registered in U.S. Patent and Trademark Office.



Manufactured Exclusively by:

**KIRKMAN®**

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GLUTEN-FREE

**KIRKMAN®**

CHILDREN'S CHEWABLE

# MULTIVITAMIN & MINERAL

with 5-MTHF



DIETARY  
SUPPLEMENT

120  
TABLETS

## Supplement Facts

Serving Size: 2 Tablets  
Servings Per Container: 60

Each Serving Contains	Amount per Serving	% Daily Value
<b>Calories</b>	<b>5</b>	
Total Carbohydrates	1.8 g	<1%
Added Sugars	Less than 1 g	<1%
Sugar Alcohol	Less than 1 g	
Vitamin A (as Retinol, Beta-Carotene) 2500 IU	750 mcg RAE	83%
Vitamin C (as Ascorbic Acid)	150 mg	167%
Vitamin D3 (as Cholecalciferol) 400 IU	10 mcg	50%
Vitamin E (as Alpha-Tocopherol) (Sunflower) 20 IU	15 mg	100%
Vitamin B1 (as Thiamine Mononitrate)	3 mg	250%
Vitamin B2 (as Riboflavin)	3.4 mg	262%
Vitamin B3 (as Niacinamide)	18 mg NE	113%
Vitamin B6 (as Pyridoxine HCl)	4 mg	235%
Folate (from 5-MTHF Calcium Salt) (Folic Acid 400 mcg)	667 mcg DFE	167%
Vitamin B12 (as Methylcobalamin)	24 mcg	1000%
Biotin	300 mcg	1000%
Vitamin B5 (as D-Calcium Pantothenate)	10 mg	200%
Iodine (from Potassium Iodide)	150 mcg	100%
Magnesium (from Magnesium Oxide, Bisglycinate)	40 mg	10%
Zinc (from Zinc Citrate)	15 mg	136%
Selenium (from Selenium Glycinate Complex)	50 mcg	91%
Manganese (from Manganese Citrate)	2 mg	87%
Chromium (from Chromium Nicotinate Glycinate Chelate)	25 mcg	71%
Molybdenum (from Molybdenum Glycinate)	50 mcg	111%
Coenzyme Q10	10 mg	*

\*Daily Value not established

Other Ingredients: Dextrose, Xylitol, Stearic Acid (plant based), Natural Mango Peach Flavoring, Magnesium Stearate (plant based), Silicon Dioxide, Stevia Leaf Extract, Ascorbyl Palmitate