## IMPORTANT:

STORE IN A COOL DRY PLACE AND TIGHTLY CAPPED.
KEEP OUT OF THE REACH OF CHILDREN.
MAGNESIUM SUPPLEMENTS CAN CAUSE CHANGES IN STOOL
CONSISTENCY AND BOWEL HABITS. IF THIS OCCURS, DISCONTINUE
USE AND DISCUSS THIS MATTER WITH YOUR PHYSICIAN

FREE OF: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat or Soy



Manufactured Exclusively by:

KIRKMAN®

Lake Oswego, OR 97035 503.694.1600 1.800.245.8282 KIRKMANGROUP.COM 0459-004 • 011821



HYPOALLERGENIC | GLUTEN-FREE SUGGESTED USE:

**IKKIRKMAN®** 

## BUFFERED MAGNESIUM BISGLYCINATE

POWDER

**DIETARY**SUPPLEMENT

**NET WT. 4 OZ.**(113 gm)

1/2 teaspoon daily or as directed by a physician.

## **Supplement Facts**

Serving Size: 1/2 teaspoon (1.5g)

Servings Per Container: 75

Each Serving Amount per % Daily Contains Serving Value

Magnesium 179 mg 43%

(from 997 mg Magnesium Bisglycinate Chelate)

Other Ingredients: Citric Acid, Adipic Acid, Stevia Leaf Extract