

IMPORTANT:

STORE IN A COOL DRY PLACE AND TIGHTLY
CAPPED.

KEEP OUT OF THE REACH OF CHILDREN.

FREE OF: Milk, Eggs, Fish, Shellfish, Tree
Nuts, Peanuts, Wheat or Soy



Manufactured Exclusively by:

KIRKMAN®



Lake Oswego, OR 97035

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KIRKMANGROUP.COM

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HYPOALLERGENIC | GLUTEN-FREE

KIRKMAN®

B-COMPLEX

with COENZYMES R5P & P5P

**DIETARY
SUPPLEMENT**

**200
CAPSULES**

SUGGESTED USE:

Take two capsules daily or as directed by a physician.

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 100

Each Serving Contains	Amount per Serving	% Daily Value
Vitamin B1 (as Thiamine Mononitrate)	30 mg	2500%
Vitamin B2 (as Riboflavin-5-Phosphate)	30 mg	2308%
Vitamin B3 (as Niacinamide)	20 mg	125%
Vitamin B6 (as Pyridoxal-5-Phosphate)	35 mg	2059%
Folate (as Folic Acid)	333 mcg DFE	83%
Vitamin B12 (as Cyanocobalamin)	125 mcg	5208%
Biotin (as Biotin)	300 mcg	1000%
Vitamin B5 (as D-Calcium Pantothenate)	10 mg	200%
Choline (as Choline Dihydrogen Citrate)	150 mg	27%
L-Leucine	3.7 mg	**

**Daily Value not established

Other Ingredients: Vegetarian Capsule (hypromellose and water), Silicon Dioxide,
Vegetable Magnesium Stearate