

IMPORTANT:

Store in a cool dry place and tightly capped. Keep out of the reach of children.

CAUTION: Formulated for adults and children four years and older. For children under four consult a physician.

Free of: Milk, Eggs, Fish, Shellfish, Tree nuts, Peanuts, Wheat and Soy



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Manufactured Exclusively by:

KIRKMAN®

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HYPOALLERGENIC | GLUTEN-FREE

KIRKMAN®

5-MTHF
Methyltetrahydrofolate

1 MG

**DIETARY
SUPPLEMENT**

**120
CAPSULES**

SUGGESTED USE:

Take one capsule daily or as directed by a physician.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 120

Each Serving Contains	Amount per Serving	% Daily Value
Folate (as Calcium L-5-MTHF) (Folic Acid 1000 mcg)	1667 mcg DFE	417%

Other Ingredients: Microcrystalline Cellulose, Vegetarian Capsule (hypromellose and water)



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