



ADVOCARE SPARK ENERGY

VITAMIN & AMINO ACID SUPPLEMENT

ENHANCES MENTAL FOCUS* • HELPS BOOST ENERGY* • SUGAR FREE

CRANBERRY PEACH ORANGE

NATURAL & ARTIFICIAL FLAVOR

NET WT 10.5 OZ (294g)

Supplement Facts

Serving Size: 1 Scoop (0.25 oz/7g) [makes 8 fl oz prepared]
Servings Per Container: 42

	Amt Per Serving	%DV
Calories	15	
Total Carbohydrate	4g	1%†
Vitamin A (as beta-carotene)	300mcg	33%
Vitamin C (as ascorbic acid)	180mg	200%
Vitamin E (as d-alpha tocopheryl acetate)	20.1mg	134%
Thiamine (as HCl)	3mg	250%
Riboflavin	3.4mg	262%
Niacin (as niacinamide)	60mg	375%
Vitamin B-6 (as pyridoxine HCl)	15mg	882%
Vitamin B-12 (as cyanocobalamin)	45mcg	1,875%
Pantothenic acid (as calcium d-pantothenate)	50mg	1,000%



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Supplement Facts Cont.

	Amt Per Serving	%DV
Choline (as bitartrate and citrate)	500mg	91%
Zinc (as zinc monomethionine)	3mg	27%
Copper (as copper glycinate)	200mcg	22%
Chromium (as chromium citrate)	24mcg	69%
L-Tyrosine	500mg	**
Taurine	200mg	**
Caffeine	120mg	**
Glycine	100mg	**
L-Carnitine (as tartrate)	10mg	**
Inositol	10mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

OTHER INGREDIENTS: MALTODEXTRIN, CITRIC ACID, MALIC ACID, NATURAL & ARTIFICIAL FLAVOR, SUCRALOSE, BEET ROOT POWDER (FOR COLOR).

Formulated/manufactured exclusively for AdvoCare® International, LLC
Richardson, TX 75082 • 800-542-4800
For more information visit advocare.com

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

SPARK® is a unique blend of 20 vitamins, minerals and nutrients that work synergistically to provide a healthy, balanced and effective source of mental focus and energy.*

Directions For Use: Shake or stir contents of one scoop into 8-16 fluid ounces of water, adjusting water to taste.

Store away from excessive heat, light and humidity.

CONTAINS BIOENGINEERED INGREDIENTS.

KEEP OUT OF REACH OF CHILDREN.

CAUTION: CHECK WITH YOUR HEALTHCARE PROFESSIONAL BEFORE USING THIS PRODUCT, ESPECIALLY IF YOU ARE PREGNANT OR NURSING. NOT FOR USE BY CHILDREN OR PERSONS WHO ARE SENSITIVE TO CAFFEINE OR CHOLINE.



CHOICE