

Dr. David Williams

SEARCHING THE WORLD FOR BETTER HEALTH®

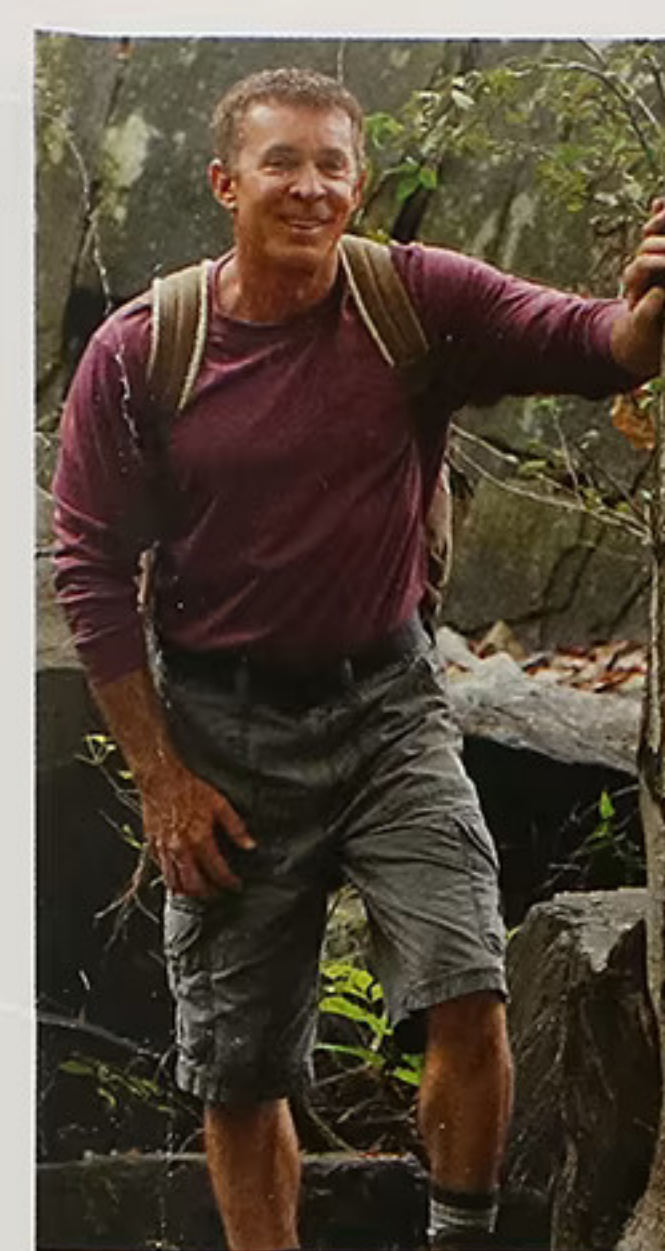
63
TOTAL
NUTRIENTS

Daily Advantage®

Multinutrient Daily Supplement

ADVANCED COMPREHENSIVE FORMULA CONTAINS 4 UNIQUE COMPLEXES

- Omega-3s with 3:1 DHA to EPA ratio
- Blend of superfoods and phytonutrients†
- Supports your immune health†
- Supports your heart and brain†



“As you know, I’m dedicated to searching the world for innovative breakthroughs that will help you enjoy profoundly good health. Based on my research, I believe that many multivitamins fall short of the nutrients that can make a real difference in the way you feel every day.

That’s why I created **Daily Advantage®** and continue to enhance it. I want you to have one supplement that contains the finest nutrients from around the world. These include all the vitamins, minerals, herbs, superfoods, essential fatty acids, and protective phytonutrients you need for total body insurance all day, every day.

I believe **Daily Advantage** is one of Nature’s best gifts to our health. It supports you physically, mentally, and emotionally. I guarantee you’ll feel stronger and more energized than you have in years!™

Dr. David Williams

If you have any questions about Daily Advantage,
call **1-800-888-1415** or visit **drwilliams.com**.

Lot No. / Exp. Date:

414680
06/2021

UNCONDITIONALLY GUARANTEED for purity and labeled potency. Store box in a cool, dry place to preserve peak quality and freshness.

Due to the nature of these ingredients, color variations may occur.

Daily Advantage®

Essential Vitamins, Minerals & Antioxidants

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 60

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (as beta carotene, retinyl palmitate)	1,687 mcg RAE 187%	Magnesium (as oxide, aspartate, ascorbate)	250 mg 60%
Vitamin C (as ascorbic acid, mineral ascorbates)	500 mg 556%	Zinc (as chelate)	10 mg 91%
Vitamin D (as cholecalciferol)	12.5 mcg (500 IU) 63%	Selenium (as selenomethionine)	100 mcg 182%
Vitamin E (as d-alpha tocopheryl succinate, mixed tocopherols)	90 mg 600%	Copper (as chelate)	1 mg 111%
Thiamin (as mononitrate)	25 mg 2,083%	Manganese (as aspartate, ascorbate)	5 mg 217%
Riboflavin (as riboflavin, riboflavin-5-phosphate)	25 mg 1,923%	Chromium (as polynicotinate)	100 mcg 286%
Niacin (as niacinamide, niacin)	65 mg NE 406%	Molybdenum (as chelate)	50 mcg 111%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5-phosphate)	55 mg 3,235%	Potassium (as aspartate, phosphate)	50 mg 1%
Folic Acid	333 mcg DFE 83%	Inositol	50 mg *
Vitamin B12 (as cyanocobalamin)	50 mcg 2,083%	N-Acetyl L-Cysteine	25 mg *
Biotin	150 mcg 500%	Trace Mineral Complex (chloride, magnesium, sulfate, sodium, potassium, lithium, boron)	25 mg *
Pantothenic Acid (as calcium pantothenate)	75 mg 1,500%	Para-Aminobenzoic Acid (PABA)	15 mg *
Choline (as bitartrate)	50 mg 9%	Silica (as silicon dioxide, from horsetail extract)	13 mg *
Calcium (as carbonate, citrate, malate, ascorbate)	500 mg 38%	CoQ10 (from fermented yeast)	5 mg *
Iodine (from kelp stem and leaf)	50 mcg 33%	Alpha Lipoic Acid	5 mg *
		Boron (as chelate)	500 mcg *
		Vanadium (as chelate)	75 mcg *

Other ingredients: Gelatin, microcrystalline cellulose, magnesium stearate

Herbal Superfood Energy™

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 60

Amount Per Serving	% DV	Amount Per Serving	% DV
Spirulina (from algae)	300 mg *	Pancreatin (from porcine tissue)	25 mg *
Turmeric Powder (root)	100 mg *	Ox Bile	25 mg *
Eleuthero Powder (root)	90 mg *	Betaine Hydrochloride	10 mg *
Ashwagandha Extract (root)	50 mg *	Lipase (from <i>Aspergillus niger</i>)	5 mg *
Green Tea Extract (leaf)	50 mg *	Cellulase (from <i>Trichoderma reesei</i>)	5 mg *
Asian Ginseng Extract (root)	40 mg *	Maltase (from <i>Aspergillus oryzae</i>)	5 mg *
Rhodiola Extract (root)	40 mg *	Protease (from <i>Aspergillus oryzae</i>)	5 mg *
Turmeric Extract (rhizome)	25 mg *	Amylase (from <i>Aspergillus oryzae</i>)	5 mg *
Ginger Powder (rhizome)	25 mg *		
Eleuthero Extract (root)	25 mg *		

Other ingredients: Microcrystalline cellulose, gelatin, magnesium stearate, silica

Distributed by Healthy Directions, Bethesda, MD 20817

www.healthydirections.com

Doctor's Suggested Use: Take 2 packets daily—1 packet with morning meal and 1 packet with midday or evening meal.

Advanced Phytonutrient Shield®

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving	% DV
Blueberry Extract (fruit)	50 mg *
Cranberry Extract (fruit)	50 mg *
Pomegranate Extract (fruit)	40 mg *
Sweet Cherry Extract (fruit)	40 mg *
Olive Extract (fruit)	25 mg *
Quercetin	25 mg *
Citrus Bioflavonoids (from lemon, orange, lime, tangerine, grapefruit) (fruit)	20 mg *
Rutin	5 mg *
Resveratrol (from Japanese knotweed root)	4 mg *
Tocotrienols (from palm oil)	1 mg *
Lutein (from marigold flower)	1 mg *
Lycopene (from tomato fruit)	500 mcg *

* Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, gelatin, magnesium stearate, silica

LipidMarine™ Fish Oil

Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 60

Amount Per Serving	% DV
Calories	10
Total Fat	1 g <2%†
Cholesterol	10 mg 3%
LipidMarine™ Fish Oil	1 g *
DHA (docosahexaenoic acid)*	300 mg *
EPA (eicosapentaenoic acid)*	100 mg *

* Daily Value (DV) not established.

† Percent Daily Value based on a 2,000 calorie diet.

Other ingredients: Gelatin, glycerin, water, rosemary extract, tocopherol (preservative), sunflower lecithin, ascorbyl palmitate

*As triglycerides

CONTAINS: FISH (anchovy, Chilean jack mackerel, mackerel, sardine)

LIPIDMARINE™ is a registered trademark of Pharma Marine AS, Norway.



Daily Advantage®

TOP QUALITY NUTRIENTS IN FOUR POTENT COMPLEXES:



4 capsules
per packet

Essential Vitamins, Minerals & Antioxidants

Get strong head-to-toe support!†

- Strengthens your body’s natural defenses against free radicals†
- Supports heart, brain, bone, and immune health†



2 capsules
per packet

Herbal Superfood Energy™†

Meet the demands of your day!†

- Adaptogen blend for total body well-being†
- Enzyme complex for digestive support†



1 capsule
per packet

Advanced Phytonutrient Shield®†

Contains plant-based nutrients missing in most multis!†

- Contains advanced phytonutrients from nature’s superfoods
- Supports a healthy inflammatory response†



1 softgel
per packet

LipidMarine™ Fish Oil

Supports your cardiovascular and metabolic health!†

- Responsibly sourced omega-3 fish oil
- Contains triglyceride form of EPA and DHA

Vitamins shown are not actual size.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Daily Multinutrient • Dietary Supplement

60 PACKETS • 30-DAY SUPPLY

60 packets containing 7 capsules and 1 softgel each
(Net 420 capsules and 60 softgels)