Dr. David Williams

SEARCHING THE WORLD FOR BETTER HEALTH®

63 TOTAL NUTRIENTS

Daily Advantage®

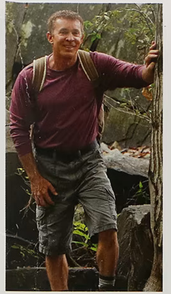
Multinutrient Daily Supplement

ADVANCED COMPREHENSIVE FORMULA CONTAINS 4 UNIQUE COMPLEXES

- Omega-3s with 3:1 DHA to EPA ratio
- Supports your immune health†
- Blend of superfoods and phytonutrients†
- Supports your heart and brain†

Daily Multinutrient • Dietary Supplement

60 PACKETS • 30-DAY SUPPLY
60 packets containing 7 capsules and 1 softgel each
(Net 420 capsules and 60 softgels)



"As you know, I'm dedicated to searching the world for innovative breakthroughs that will help you enjoy profoundly good health. Based on my research, I believe that many multivitamins fall short of the nutrients that can make a real difference in the way you feel every day.

That's why I created **Daily Advantage**® and continue to enhance it. I want you to have one supplement that contains the finest nutrients from around the world. These include all the vitamins, minerals, herbs, superfoods, essential fatty acids, and protective phytonutrients you need for total body insurance all day, every day.

I believe **Daily Advantage** is one of Nature's best gifts to our health. It supports you physically, mentally, and emotionally. I guarantee you'll feel stronger and more energized than you have in years!"†

Dr. David Williams

If you have any questions about Daily Advantage, call **1-800-888-1415** or visit drwilliams.com.

Lot No. / Exp. Date:

41468A
05/2021

Precautions: Consult a health care practitioner before use if you are pregnant or nursing, have a serious medical condition, or use any medications. Do not exceed two (2) packets daily.

Keep out of reach of children.

UNCONDITIONALLY GUARANTEED for purity and labeled potency. Store box in a cool, dry place to preserve peak quality and freshness.

Due to the nature of these ingredients, color variations may occur.

Daily Advantage®

Doctor's Suggested Use: Take 2 packets daily—1 packet with morning meal and 1 packet with midday or evening meal.

Essential Vitamins, Minerals & Antioxidants

Supplement Facts
Serving Size: 4 Capsules
Servings Per Container: 60

Amount Per Serving		% DV
Vitamin A (as beta carotene, retinyl palmitate)	1,687 mcg RAE	187%
Vitamin C (as ascorbic acid, mineral ascorbates)	500 mg	556%
Vitamin D (as cholecalciferol)	12.5 mcg (500 IU)	63%
Vitamin E (as d-alpha tocopheryl succinate, mixed tocopherols)	90 mg	600%
Thiamin (as mononitrate)	25 mg	2,083%
Riboflavin (as riboflavin, riboflavin-5-phosphate)	25 mg	1,923%
Niacin (as niacinamide, niacin)	65 mg NE	406%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5-phosphate)	55 mg	3,235%
Folic Acid	333 mcg DFE	83%
Vitamin B12 (as cyanocobalamin)	50 mcg	2,083%
Biotin	150 mcg	500%
Pantothenic Acid (as calcium pantothenate)	75 mg	1,500%
Choline (as bitartrate)	50 mg	9%
Calcium (as carbonate, citrate, malate, ascorbate)	500 mg	38%
Iodine (from kelp stem and leaf)	50 mcg	33%
Magnesium (as oxide, aspartate, ascorbate)	250 mg	60%
Zinc (as chelate)	10 mg	91%
Selenium (as selenomethionine)	100 mcg	182%
Copper (as chelate)	1 mg	111%
Manganese (as aspartate, ascorbate)	5 mg	217%
Chromium (as polynicotinate)	100 mcg	286%
Molybdenum (as chelate)	50 mg	111%
Potassium (as aspartate, phosphate)	50 mg	1%
Inositol	50 mg	*
N-Acetyl L-Cysteine	25 mg	*
Trace Mineral Complex (chloride, magnesium, sulfate, sodium, potassium, lithium, boron	25 mg	*
Para-Aminobenzoic Acid (PABA)	15 mg	*
Silica (as silicon dioxide, from horsetail extract)	13 mg	*
CoQ10 (from fermented yeast)	5 mg	*
Alpha Lipoic Acid	5 mg	*
Boron (as chelate)	500 mcg	*
Vanadium (as chelate)	75 mg	*

* Daily Value (DV) not established.

Other ingredients: Gelatin, microcrystalline cellulose, magnesium stearate

Herbal Superfood Energy™

Supplement Facts
Serving Size: 2 Capsules
Servings Per Container: 60

Amount Per Serving		% DV
Spirulina (from algae)	300 mg	*
Turmeric Powder (root)	100 mg	*
Eleuthero Powder (root)	90 mg	*
Ashwagandha Extract (root)	50 mg	*
Green Tea Extract (leaf)	50 mg	*
Asian Ginseng Extract (root)	40 mg	*
Rhodiola Extract (root)	40 mg	*
Turmeric Extract (rhizome)	25 mg	*
Ginger Powder (rhizome)	25 mg	*
Eleuthero Extract (root)	25 mg	*
Pancreatin (from porcine tissue)	25 mg	*
Ox Bile	25 mg	*
Betaine Hydrochloride	10 mg	*
Lipase (from *Aspergillus niger*)	5 mg	*
Cellulase (from *Trichoderma reesei*)	5 mg	*
Maltase (from *Aspergillus oryzae*)	5 mg	*
Protease (from *Aspergillus oryzae*)	5 mg	*
Amylase (from *Aspergillus oryzae*)	5 mg	*

* Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, gelatin, magnesium stearate, silica

Advanced Phytonutrient Shield®

Supplement Facts
Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving		% DV
Blueberry Extract (fruit)	50 mg	*
Cranberry Extract (fruit)	50 mg	*
Pomegranate Extract (fruit)	40 mg	*
Sweet Cherry Extract (fruit)	40 mg	*
Olive Extract (fruit)	25 mg	*
Quercetin	25 mg	*
Citrus Bioflavonoids (from lemon, orange, lime, tangerine, grapefruit) fruit)	20 mg	*
Rutin	5 mg	*
Resveratrol (from Japanese knotweed root)	4 mg	*
Tocotrienols (from palm oil)	1 mg	*
Lutein (from marigold flower)	1 mg	*
Lycopene (from tomato fruit)	500 mcg	*

* Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, gelatin, magnesium stearate, silica

LipidMarine™ Fish Oil

Supplement Facts
Serving Size: 1 Softgel
Servings Per Container: 60

Amount Per Serving		% DV
Calories	10	
Total Fat	1 g	<2%‡
Cholesterol	10 mg	3%
LipidMarine™ Fish Oil	1 g	*
DHA (docosahexaenoic acid)*	300 mg	*
EPA (eicosapentaenoic acid)*	100 mg	*

* Daily Value (DV) not established.
‡ Percent Daily Value based on a 2,000 calorie diet.

Other ingredients: Gelatin, glycerin, water, rosemary extract, tocopherol (preservative), sunflower lecithin, ascorbyl palmitate
*As triglycerides

CONTAINS: FISH (anchovy, Chilean jack mackerel, mackerel, sardine)

LIPIDMARINE is a registered trademark of Pharma Marine AS, Norway.

Gluten Free

Distributed by Healthy Directions, Bethesda, MD 20817 www.healthydirections.com

Daily Advantage®

TOP QUALITY NUTRIENTS IN FOUR POTENT COMPLEXES:

4 capsules per packet

Essential Vitamins, Minerals & Antioxidants

Get strong head-to-toe support!†

- Strengthens your body's natural defenses against free radicals†
- Supports heart, brain, bone, and immune health†

2 capsules per packet

Herbal Superfood Energy™†

Meet the demands of your day!†

- Adaptogen blend for total body well-being†
- Enzyme complex for digestive support†

1 capsule per packet

Advanced Phytonutrient Shield®†

Contains plant-based nutrients missing in most multis!†

- Contains advanced phytonutrients from nature's superfoods
- Supports a healthy inflammatory response†

1 softgel per packet

LipidMarine™ Fish Oil

Supports your cardiovascular and metabolic health!†

- Responsibly sourced omega-3 fish oil
- Contains triglyceride form of EPA and DHA

Vitamins shown are not actual size.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.