



SUGGESTED USE: Morning and night: Take 3 capsules with 8 oz. of water. Enjoy the results. It is not recommended to take this product within 2-3 hours before or after the intake of any medication or dietary supplements.

CAUTION: Do not exceed recommended dose. For adult use only. This product is not intended for pregnant or nursing mothers or individuals with difficulty swallowing. This product should be consumed with at least a full glass of liquid to help prevent choking. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. Rectal bleeding and / or failure to have a bowel movement after the use of a laxative formula may be an indication of a more serious condition. Should this occur, or if you have a known medical condition and are taking medication, consult your physician prior to taking this or any dietary supplement.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PURE FOR MEN

stay
ready
60 capsules

Dietary Supplement

Make prep time a breeze.
Stay ready.

SUPPLEMENT FACTS

Serving Size: 3 Vegetable Capsules
Servings Per Container: 20

Amount Per Serving	% Daily Value
Proprietary Blend	1285mg*
Consisting Of: Psyllium Husk Powder, Aloe Vera Leaf Extract, Black Chia Seed Powder, and Flaxseed Powder.	
*Daily Value not established	

Other Ingredients: Vegetable cellulose, vegetable magnesium stearate, silicon dioxide, and rice flour.

KEEP OUT OF THE REACH OF CHILDREN.
Do not use if safety seal is damaged or missing. Store in a cool, dry place.

Distributed by: Pure for Men
(855) 415-7873 | Austin, TX 78701
www.pureformen.com

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