

Suggested Use: Take 2 capsules daily, preferably with a meal, or as directed by your healthcare provider.

Caution: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.



NEW LOOK



SAME CRAFT

PMS Support

FEMALE HORMONAL BALANCE

Headache & Mood Support*

WOMEN'S WELLNESS*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot # and Best by date printed on the bottom of the bottle.

60

Capsules

Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	% DV
Vitamin B6 (as Pyridoxine HCl)	10mg	588%
Vitamin B12 (as Methylcobalamin)	10mcg	417%
Magnesium (as Magnesium Oxide)	350mg	83%
Dandelion Root 4:1 Extract	225mg	**
Diindolylmethane (DIM)	100mg	**
Chasteberry Fruit Extract (0.5% Agnusides)	100mg	**
Ashwagandha 4:1 Extract (Whole Plant)	100mg	**
Lemon Balm (Aerial Parts)	50mg	**

** Daily Value (DV) not established.

Other Ingredients: Hypromellose (Capsule), Magnesium Stearate, Silicon Dioxide, Microcrystalline Cellulose

Manufactured Exclusively For: **Nature's Craft**
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