



† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

- ✓ **MANUFACTURED IN A FDA REGISTERED FACILITY**
- ✓ **MANUFACTURED IN A GMP CERTIFIED FACILITY**



**RECOMMENDATIONS:** As a dietary supplement, take two (2) capsules with food or as directed by your medical provider. Store away from humidity, heat, and light. Do not refrigerate. If any reactions occur, discontinue use of dietary supplement and consult your doctor.

**WARNING:** Do not exceed daily dosage. This product should only be taken by healthy individuals at least 18 years of age or older. Consult your healthcare provider if you are pregnant or nursing, or have any other medical concerns. You should not take this product with alcohol. Keep out of reach of children.

**Distributed by Snap Supplements\***

11012 NE 39th ST, Suite C5 +1(888)491-5043  
Vancouver WA, 98682 snapsupplements.com

**SNAP**

**WOMEN'S**

# daily multi vitamin



**DAILY VITAMINS  
AND MINERALS\***

...



**DAILY  
VEGETABLES\***

...



**ADDED HERBAL  
SUPPORT BLENDS\***

**DIETARY SUPPLEMENT  
60 CAPSULES**

## Supplement Facts

Serving size 2 capsules

Servings per container 30

| Amount Per Serving                            | % Daily Value            |
|-----------------------------------------------|--------------------------|
| Vitamin A (as A Acetate)                      | 1080 mcg RAE <b>120%</b> |
| Vitamin C (as Ascorbic Acid)                  | 150 mg <b>167%</b>       |
| Vitamin D (as Cholecalciferol)                | 20 mcg <b>100%</b>       |
| Vitamin E (as D-Alpha Tocopherol Acetate)     | 18.8 mg <b>125%</b>      |
| Vitamin K (as Vitamin K1)                     | 150 mcg <b>125%</b>      |
| Thiamine (as Thiamine HCl)                    | 6 mg <b>500%</b>         |
| Riboflavin (as Riboflavin)                    | 6.5 mg <b>500%</b>       |
| Niacin (as Niacinamide)                       | 20 mg NE <b>125%</b>     |
| Vitamin B6 (as Pyridoxine Hydrochloride)      | 4.5 mg <b>265%</b>       |
| Folate (600 mcg folic acid)                   | 1000 mcg DFE <b>250%</b> |
| Vitamin B12 (as Methylcobalamin)              | 6 mcg <b>250%</b>        |
| Biotin (as D-Biotin)                          | 45 mcg <b>150%</b>       |
| Pantothenic Acid (as D-Calcium Pantothenate)  | 15 mg <b>300%</b>        |
| Choline (as Choline Bitartrate)               | 110 mg <b>20%</b>        |
| Calcium (from Tri-Calcium Phosphate)          | 104 mg <b>8%</b>         |
| Phosphorus (from Tri-Calcium Phosphate)       | 52 mg <b>4%</b>          |
| Iodine (from Potassium Iodide)                | 187.5 mcg <b>125%</b>    |
| Magnesium (from Magnesium Glycinate)          | 62.5 mg <b>15%</b>       |
| Zinc (from Zinc Citrate)                      | 11mg <b>100%</b>         |
| Selenium (from Selenium Glycinate)            | 55 mcg <b>100%</b>       |
| Copper (from Copper Citrate)                  | 900 mcg <b>100%</b>      |
| Manganese (from Manganese Citrate)            | 2.3 mg <b>100%</b>       |
| Chromium (from Chromium Nicotinate Glycinate) | 35 mcg <b>100%</b>       |
| Molybdenum (from Molybdenum Glycinate)        | 45 mcg <b>100%</b>       |

### Supplement Facts Cont.

#### Veggie Blend

Organic alfalfa leaf, organic barley grass, organic broccoli, organic moringa leaf, organic spinach, organic spirulina, organic wheatgrass, organic beet root, organic tomato, organic dulse

#### Antioxidant Boosting Blend

Ashwagandha root extract, Ginkgo Biloba leaf extract, Hawthorn fruit extract, turmeric root extract

#### Women's Health Blend

Black Cohosh, Saw Palmetto, lutein, lycopene

\* Daily Value Not Established

Other Ingredients: Vegetarian capsule (hypromellose), vegetable magnesium stearate, silica.