

**GROWTH**<sup>1</sup>





RECOMMENDATIONS: As a dietary supplement, take 2 capsules with food up to 2 times per day or as directed by your medical provider. Store away from humidity, heat, and light. Do not refrigerate. If any reactions occur, discontinue use of dietary supplement and consult your doctor.

WARNING: Do not exceed daily dosage. This product should only be taken by healthy individuals at least 18 years of age or older. Consult your healthcare provider if you are pregnant or nursing, or have any other medical concerns. You should not take this product with alcohol. Keep out of reach of children.









## SNAP

## biotin & collagen

19 nourishing ingredients for healthy hair + skin + joints†



Enriched with Bamboo & Kelp

DIETARY SUPPLEMENT

## **Supplement Facts**

Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Palmitate) 8,000 IU 1,350mog R	RAE 150%
Vitamin C (as Ascorbic Acid) 120mg	133%
Vitamin D-3 (as Cholecalciferol) 400 IU 10mcg	50%
Vitamin E (as d-alpha-Tocopheryl Succinate) 33.5mg	223%
Vitamin B-1 (as Thiamine HCI) 5mg	417%
Vitamin B-6 (Pyridoxine HCI) 25mg	1471%
Biotin 5,000mcg	16667%
Vitamin B-5 (as d-Calcium Pantothenate) 40mg	800%
Zinc (as Gluconate) 15mg	136%
Copper (as Amino Acid Chelate) 2mg	222%
MCN Country Country 4 400	

Collagen Hydrolysate (Bovine), Methylsulfon
(OptiMSM <sup>TM</sup> )
Mair & Joint Support Build Bland 250mm

Kelp (Ascophyllum Nodosum) (Organic), Bamboo (Bambusa Valgaris) PE 70% Silica. Horsetali Extract (Containing Silica)

Skin Support Blend 250mg I-Lysine (Free Form), I-Proline (Free Form), PABA (as Para-Aminobenzoic Acid). Hvaluronic Acid

" Percent Daily Value Not Established

Other Ingredients: Vegetarian Capsule (Hypromellose and Water), Magnesium Stearate, Silica (Flow Agent)

