Caution: exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary This product manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NEW LOOK

Nature's Craft

SAME CRAFT

Super B Complex

HIGH STRENGTH

- Energy Support*
- ✓ Nervous System Health*

ENERGY & VITALITY

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 100

mount Per Serving % Daily Va		ily Value
Thiamin (as thiamine HCI)	100 mg	8,333%
Riboflavin	100 mg	7,692%
Niacin (as niacinamide)	100 mg	625%
Vitamin B-6 (as pyridoxine HCI)	100 mg	5,882%
Folate	680 mcg DFE	170%
	(400 mcg folic acid)	
Vitamin B-12 (as cyanocobalamin)	100 mcg	4,167%
Biotin	100 mcg	333%
Pantothenic Acid	100 mg	2,000%
(as calcium pantothenate)		
Choline (as choline bitartrate)	40 mg	8%
Inositol	100 mg	**
para-Aminobenzoic acid	100 mg	**
"Daily Value not established.		

Other Ingredients: Calcium Carbonate, Vegetable Stearic Acid, Croscarmellose Sodium, Vegetable Magnesium Stearate, Hydroxypropyl Methylcellulose, Silicon Dioxide, Vanilla Flavor, Watercress Powder, and Parsley Leaf Powder.

Manufactured Exclusively For: Nature's Craft Pomona, NY 10970 shopnaturescraft.com I 408-599-3841 hello@shopnaturescraft.com



Lot # and Best by date printed on the bottom of the bottle.













