

X002FVCRNV Whole Food Multi for Women 50+ (NEW)

WIF-WOM50-120-A-2201



Suggested Use: Adults take four (4) capsules daily. For best results, take two (2) capsules with breakfast and two (2) capsules with dinner. Capsules may be opened and powder added to your food or drink.

Does NOT contain GMOs, soy, gluten, milk, eggs, fish, shellfish, tree nuts, peanuts, or preservatives. Suitable for vegans and vegetarians.

Caution: Keep out of reach of children. As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before using this product. Store in a cool, dry place.

Do not use if safety seal under the lid is broken or missing.

Aquamin® is a registered trademark of Marigot Ltd.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated and distributed by:
NATURELO Premium Supplements
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NO COLORING,
PRESERVATIVES
OR FLAVORING

NATURELO®
FROM NATURE WITH LOVE®

**WHOLE FOOD
MULTIVITAMIN**
FOR WOMEN 50+

**120
VEGETARIAN
CAPSULES**
DIETARY SUPPLEMENT

FORMULATED TO SUPPORT
BONE, HEART, & BRAIN HEALTH*



Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

Amount Per Serving	%DV
Vitamin A (as Natural Beta Carotene from <i>Blaeskea trispora</i>)	945 mcg 105%
Vitamin C (from L-Ascorbate and Organic Acerola Cherry Extract)	155 mg 172%
Vitamin D3 (as Plant-based Cholecalciferol from Wild-harvested Lichen)	25 mcg 125%
Vitamin E (from d-Alpha Tocopheryl from Sunflower)	22 mg alpha tocopherol 147%
Vitamin B1 (from Thiamine HCl)	3 mg 250%
Vitamin B2 (Riboflavin)	3 mg 231%
Vitamin B3 (as Nicotinamide)	20 mg NE 125%
Vitamin B6 (from Pyridoxal-5-Phosphate)	5 mg 294%
Folate (as Active L-5-Methylfolate)	400 mcg DFE 100%
Biotin (as D-Biotin)	7 mcg 292%
Vitamin B5 (from d-Calcium Pantothenate)	150 mcg 500%
Calcium (from Dicalcium Phosphate and Aquamin® from Marine Algae)	9 mg 180%
Phosphorus (from Dicalcium Phosphate)	200 mg 15%
Iodine (from Wild, Hand-harvested Kelp)	125 mcg 10%
Magnesium (from Aquamin® Magnesium)	150 mg 100%
Zinc (from Zinc Amino Acid Chelate)	310 mg 74%
Selenium (as Selenium Glycinate)	11 mcg 100%
Copper (as Copper Amino Acid)	55 mcg 100%
Manganese (as Manganese Sulfate)	0.9 mg 100%
Chromium (from Chromium Picolinate)	2.3 mcg 100%
Molybdenum (as Molybdenum Krebs Complex)	30 mcg 86%
Potassium (from Potassium Chloride)	45 mcg 100%
	75 mg 2%

Amount Per Serving	%DV
Vitamin K2 (as Menaquinone MK-7)	120 mcg **
Organic Fruit & Vegetable Blend	200 mg **
Organic Beet (Root), Organic Carrot (Root), Organic Black Currant (Leaves), Organic Blueberry (Berry), Organic Broccoli (Stem & Flower), Organic Cranberry Extract (Fruit), Organic Kale (Whole Plant), Organic Pomegranate (Whole Fruit Juice), Organic Raspberry (Berry), Organic Spinach (Leaf & Stalk)	
Joint Health Blend*	100 mg **
Glucosamine (as Glucosamine Sulfate), MSM (Methylsulfonylmethane), Organic Boswellia serrata Extract (Gum Resin), Organic White Willow Extract (Bark)	
Brain Health Blend*	60 mg **
Organic Ginkgo biloba (Leaf), Organic Ginger (Root), Inositol, Boron (from Boron Citrate)	
Heart Health Blend*	50 mg **
Organic Turmeric (Root), Organic Ceylon Cinnamon (Bark), Organic Grape Extract (Seed), Organic Feverfew (from Knottweed)(Root)	
Eye Health Blend*	15 mg **
Fulin (from <i>Sophora japonica</i>)(Bud), Lycopene, Lutein (from Marigold flowers), Zeaxanthin (from Marigold flowers)	

Best Before: See date on bottom ▼

Other Ingredients: Hydroxymethylcellulose (Vegetarian Capsule), Plant-based Maltodextrin, Organic Acacia Gum, Silica.