



1D-WOM-120-U-2010



Suggested Use: Adults take one (1) capsule daily with a meal and a full glass of water.

Does NOT contain GMOs, soy, gluten, milk, eggs, fish, shellfish, tree nuts, peanuts, or preservatives. Suitable for vegans and vegetarians.

Caution: As with any dietary supplement, consult your healthcare practitioner before using this product. Store in a cool, dry place. Do not use if safety seal under the lid is broken or missing.

WARNING: Accidental overdose of iron - containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Albion™ is trademark of Albion Laboratories, Inc. Aquamin® is a registered trademark of Marigot Limited.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Formulated and distributed by:
 NATURELO Premium Supplements
 Seattle, WA 98104, USA
 1.800.560.8550
 www.naturelo.com



NO GMOs



NO SOY



NO GLUTEN



VEGAN FRIENDLY

NO COLORING,
 PRESERVATIVES
 OR FLAVORING

NATURELO®

PREMIUM SUPPLEMENTS

ONE DAILY MULTIVITAMIN

FOR WOMEN

120
 VEGETARIAN
 CAPSULES

DIETARY SUPPLEMENT

FORMULATED TO SUPPORT
 ENERGY, IMMUNE & BONE HEALTH*



Supplement Facts

Serving Size: 1 Capsule
 Servings Per Container: 120

	Amount Per Serving	%DV
Vitamin A (as Natural Beta Carotene from <i>Blaeskea Trispora</i>)	900 mcg	100%
Vitamin C (from L-Ascorbate & Acerola Cherry Extract)	90 mg	100%
Vitamin D3 (as Plant-based Cholecalciferol from Wild-harvested Lichen)	20 mcg (800 IU)	100%
Vitamin E (from d-Alpha Tocopheryl from Sunflower)	15mg alpha tocopherol	100%
Vitamin K2 (as Menaquinone MK-7)	120 mcg	100%
Vitamin B1 (from Thiamine HCl)	1.2 mg	100%
Vitamin B2 (Riboflavin)	1.3 mg	100%
Vitamin B3 (as Niacinamide)	16 mg NE	100%
Vitamin B6 (from Pyridoxal-5-Phosphate)	1.7 mg	100%
Folate (as Active L-5-Methylfolate)	400 mcg DFE	100%
Vitamin B12 (as Methylcobalamin)	2.4 mcg	100%
Biotin (as D-Biotin)	30 mcg	100%
Vitamin B5 (from d-Calcium Pantothenate)	5 mg	100%
Calcium (as Aquamin® from Marine Algae and Dicalcium Phosphate)	50 mg	4%
Iron (from Ferrous Fumarate)	9 mg	50%

	Amount Per Serving	%DV
Phosphorus (from Dicalcium Phosphate)	8 mg	1%
Iodine (from Wild-Hand-harvested Kelp)	100 mcg	67%
Magnesium (as Aquamin® Magnesium from Marine Algae)	50 mg	12%
Zinc (from Zinc Amino Acid Chelate)	10 mg	91%
Selenium (as Selenium Glycinate (Albion®))	50 mcg	91%
Copper (as Copper Aminoamin)	0.5 mg	56%
Manganese (as Manganese Sulfate)	1.5 mg	65%
Chromium (from Chromium Polynicotinate)	30 mcg	86%
Molybdenum (as Molybdenum Krebs Complex)	40 mcg	89%
Organic Fruit & Vegetable Blend		
Organic Blueberry (Berry)	10 mg	**
Organic Carrot (Root)	10 mg	**
Organic Kale (Whole Plant)	10 mg	**
Organic Pomegranate (Whole Fruit Juice)	10 mg	**
Organic Raspberry (Berry)	10 mg	**
Organic Spinach (Leaf/Stalk)	10 mg	**

**Daily Value (DV) not established.

Other Ingredients: Vegetarian Capsule, Plant-based Maltodextrin, Silica.

Best Before: See date on bottom ▶