



1D-WOM-60-11-2010



Formulated and distributed by:  
 NATURELO Premium Supplements  
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[www.naturelo.com](http://www.naturelo.com)

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Albion™ is trademark of Albion Laboratories, Inc. Aquamin® is a registered trademark of Marigot Limited.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**Suggested Use:** Adults take one (1) capsule daily with a meal and a full glass of water.  
**Does NOT contain** GMOs, soy, gluten, milk, eggs, fish, shellfish, tree nuts, peanuts, or preservatives. Suitable for vegans and vegetarians.  
**Caution:** As with any dietary supplement, consult your healthcare practitioner before using this product. Store in a cool, dry place. Do not use if safety seal under the lid is broken or missing.

NO COLORING,  
 PRESERVATIVES  
 OR FLAVORING



# NATURELO®

PREMIUM SUPPLEMENTS

# ONE DAILY MULTIVITAMIN

FOR WOMEN

60 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT  
 FORMULATED TO SUPPORT ENERGY, IMMUNE & BONE HEALTH\*



## Supplement Facts

Serving Size: 1 Capsule  
 Servings Per Container: 60

Amount Per Serving		%DV
Vitamin A (as Natural Beta Carotene from <i>Blakeslea Trispora</i> )	900 mcg RAE	100%
Vitamin C (from L-Ascorbate & Acerola Cherry Extract)	90 mg	100%
Vitamin D3 (as Plant-based Cholecalciferol from Wild-harvested Lichen)	20 mcg (800 IU)	100%
Vitamin E (from d-Alpha Tocopheryl from Sunflower)	15 mg alpha tocopherol	100%
Vitamin K2 (as Menaquinone MK-7)	120 mcg	100%
Vitamin B1 (from Thiamine HCl)	1.2 mg	100%
Vitamin B2 (Riboflavin)	1.3 mg	100%
Vitamin B3 (as Niacinamide)	16 mg NE	100%
Vitamin B6 (from Pyridoxal-5-Phosphate)	1.7 mg	100%
Folate (as Active L-5-Methylfolate) DFE	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	2.4 mcg	100%
Biotin (as D-Biotin)	30 mcg	100%
Vitamin B5 (from d-Calcium Pantothenate)	5 mg	100%
Calcium (as Aquamin® from Marine Algae and Dicalcium Phosphate)	50 mg	4%
Iron (from Ferrrous Fumarate)	9 mg	50%

Amount Per Serving		%DV
Phosphorus (from Dicalcium Phosphate)	8 mg	1%
Iodine (from Wild-Hand-harvested Kelp)	100 mcg	67%
Magnesium (as Aquamin® Magnesium from Marine Algae)	50 mg	12%
Zinc (from Zinc Amino Acid Chelate) (Albion®)	10 mg	91%
Selenium (as Selenium Glycinate)	50 mcg	91%
Copper (as Copper Amino Acid Chelate)	0.5 mg	56%
Manganese (as Manganese Sulfate)	1.5 mg	65%
Chromium (from Chromium Polynicotinate)	30 mcg	86%
Molybdenum (as Molybdenum Krebs Complex)	40 mcg	89%
<b>Organic Fruit &amp; Vegetable Blend</b>		
Organic Blueberry (Berry)	10 mg	**
Organic Carrot (Root)	10 mg	**
Organic Kale (Whole Plant)	10 mg	**
Organic Pomegranate (Whole Fruit Juice)	10 mg	**
Organic Raspberry (Berry)	10 mg	**
Organic Spinach (Leaf/Stalk)	10 mg	**

\*\*Daily Value (DV) not established.

Other Ingredients: Vegetarian Capsule, Plant-based Maltodextrin, Silica.

Best Before: See date on bottom