

Suggested Use: As a dietary supplement, take two (2) veggie capsules once a day. For best results, take 20-30 min. before a meal with an 8oz. glass of water or as directed by your healthcare professional.

Caution: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call of a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Mind & Memory Matrix

- ✓ Focus* ✓ Clarity*
- ✓ Memory Support* ✓ Acuity*
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BRAIN & MIND*

60 Capsules

Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving			Amount Per Serving		
		%DV			%DV
Vitamin A (as Beta-Carotene)	122mcg	14%	Selenium (as Selenium Amino Acid Chelate)	50mcg	91%
Vitamin C (Ascorbic Acid)	125mg	139%	Copper (as Copper Gluconate)	52mcg	6%
Vitamin D3 (Cholecalciferol)	3mcg	15%	Manganese (as Manganese Amino Acid Chelate)	400mcg	17%
Vitamin E (as d-alpha Tocopheryl Acetate)	14mg	93%	Chromium (as Chromium Picolinate)	12mcg	34%
Thiamin (as Thiamin Mononitrate)	3mg	250%	Molybdenum (as Molybdenum Amino Acid Chelate)	10mcg	22%
Riboflavin	1.7mg	131%	Potassium (as Potassium Citrate)	50mg	1%
Niacin	12.5mg	78%	Proprietary Blend	642mg	**
Vitamin B6 (as Pyridoxine HCl)	12mg	706%	Dimethylaminoethanol Bitartrate, Green Tea Leaf Extract, L-Glutamine, L-Glutamic Acid, Bacopa Extract (Whole Plant), Inositol, Bilberry Fruit Extract, Gamma-Aminobutyric Acid (GABA), Grapefruit Seed Extract, Olive Leaf Extract, Cassia Cinnamon Bark Extract, Licorice Root Extract, Boron (as Boron Citrate), Fish Oil Powder (14% Docosahexaenoic Acid (DHA)), Vanadium (as Vanadyl Sulfate), Phosphatidylserine (from Soy Bean Extract), Huperzine A (from Huperzia Serrata Extract)(Aerial Parts)		
Folate (as 400 mcg Folic Acid)	667 mcg DFE	167%			
Biotin	3mcg	10%			
Pantothenic Acid (as Calcium Pantothenate)	12mg	240%			
Choline (as Choline Bitartrate)	50mg	9%			
Calcium (as Calcium Carbonate)	20mg	2%			
Iron (as Ferrous Fumarate)	1mg	6%			
Magnesium (as Magnesium Oxide)	50mg	12%			
Zinc (as Zinc Oxide)	10mg	91%			

Other Ingredients:
Hypromellose (Capsule),
Magnesium Stearate,
Silicon Dioxide, Rice Flour

Contains: Soy & Fish (Tuna Fish)

Manufactured For: Nature's Craft
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Lot # and Best by date printed on the bottom of the bottle. V13R0



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